

Grace Notes

Newsletter of Grace Episcopal Church, Alexandria, Virginia

Rector's Reflections

"Rich Toward God"

Last March, as we lived fully into the Lenten season and our focus on Christ's passion, I wrote in this space about parish economics, highlighting:

1. The deficit to start the 2015 budget;
2. Property repairs and capital improvement needs; and
3. The Grace Trust.

As we begin the last quarter of 2015, we can all be thankful and excited that the Trust balance has exceeded \$500,000, even in an unsteady stock market. I am very pleased that our Trustees are actively meeting together and planning for the future. Please remember the Grace Trust in your financial planning.

We are almost finished with the enormous repair to move our water heating and gas lines inside our buildings. Last November, we had a major flood when an outdoor water pipe burst. Even with our school sharing costs, this repair work will cost the parish at least \$50,000 in 2015!

Lastly, the Vestry is working to finish this year on a strong financial foundation while looking ahead to 2016. So much depends on our pledge contributions and financial gifts. We need everyone to fully meet their pledge commitments and give as generously as possible this last quarter.

October is the month to consider our stewardship. Contribution statements are distributed and a new pledge campaign is launched. Parishioners often give brief "testimonials" during the Sunday liturgies, sharing how Grace Church has impacted upon their lives. Parish leaders submit budget requests for the next year.

Our finances and stewardship become sacramental when we move from a place of obligation and duty to a place of thanksgiving and generosity. God transforms the money we give to become an "outward and visible sign of inward, spiritual grace..." Jesus had this transformation in mind as he encouraged people to be "*rich toward God*." (see Luke 12:13-21)

This month, nature reminds us of creation turning "*rich toward God*" with the brilliance of the fall colors. May all our efforts at Grace dealing with finances, stewardship and generosity, point to the richness of God's love for us.

*Grace, Peace, Love,
The Rev. Robert H. Malm*

October 2015

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GRACE EPISCOPAL CHURCH
SESQUICENTENNIAL
1855-2005

Worship Schedule

Sunday Schedule

Holy Eucharist Rite I 7:30 am
Child Care 8:45 am–12:45 pm
Children’s Chapel. 8:50 am–9:30 am
La Santa Eucaristía 9:00 am
Choral Eucharist Rite II..... 9:00 am
Christian Ed classes..... 10:15 am
Choral Eucharist Rite I 11:15 am
Holy Eucharist Rite II.....5:00 pm

Weekday Schedule

Tuesdays, Rite II w/healing..6:30 pm
Wednesdays, Rite I 7:00 am
Thursdays *12:15 pm

*Alternating Rite I and Rite II weekly

Grace Church is:

A center for worship and fellowship

A school for discipleship and stewardship

A community for healing and outreach

About Grace Notes

Grace Notes is published 10 times a year by Grace Episcopal Church, Alexandria, Virginia – monthly except for combined July/August and December/January issues. The deadline for submitting copy is midnight on the 15th of the preceding month.

The next *Grace Notes* deadline is October 15 for the November issue. Articles should be submitted by e-mail to grace.notes@gracealex.org. All articles are subject to editing.

Grace Church’s newsletter team includes Amy Barron, Gary Carter, Kristine Hesse, June Huber, Teresa Preston, Sarah Schultz and Beth Wiggers.

From the Assistant to the Rector

The Program Year for Grace Church has begun and we have a lot to look forward to. The theme, “Seek and Serve Christ” has many facets and can lead us as a community in many directions. The direction we will highlight throughout the next months will be Pastoral Care. There is a call that we each share as baptized Christians to serve Christ in one another. The early church was a time when Christianity became known for the way its members cared for one another. Their behavior and community norms were so radically different from anything the world had seen before—the early Christians were people who would give everything to care for one another, and people who would die rather than deny their faith in Christ.

Perhaps you remember the old tune with the refrain, “And they’ll know we are Christians by our love.” Grace Church is known by its love. Love for Christ, love for the community, and most especially, love in the way we care for one another. When we seek Christ, we find him present as we gather together for worship and in how we serve one another—his light shines in the world through our reaching out to care for our fellow parishioners and for the least among us.

We’ll be presenting adult forums and discussions on the topic of Pastoral Care. What does it mean to you personally that you are regularly prayed for by name? What has it meant when you, or someone you knew, was visited in the hospital? Have you received a card or flowers as a kind gesture when you were ill or going through a hard time? Even if you haven’t received such care yet, what does it mean to you to know that you *will* receive prayers and support if you should ever need it? That is what Pastoral Care is all about: being a part of a community that responds in love even though we are not tied together by family bonds or by obligation. We are in it because we are family in Christ, because we are one body in Christ.

Christ said, “This is my commandment, that you love one another as I have loved you.” (John 15:12) This is a bold and counter-cultural mandate in a world that values individualism and independence. I hope you will attend some of the forums, get into a discussion about it with friends, and find a way to become an active participant in the ministry of caring for one another. John Boris, our Vestry Pastoral Care representative, or I, would love to help you connect to one of these deeply satisfying ministries.

Peace,
The Rev. Leslie Nunez Steffensen

From The Assistant for Parish Life and Family Ministries

Quiet and Life



Autumn has arrived. I must admit that I have a particular affinity for spring, and so the opposite side of the year, when leaves turn and fall from the trees, is always a little hard on me. The trees and the world in general seem to go quieter, to turn inward and become more still.

I miss the excitement and abundance of life that comes with the spring. But it would be a mistake to think that this quieter season is less full of life. I think there is value in the change of focus that comes with the fall. Our lives often turn a bit inward as well. We may start to spend a little less time outdoors. We turn toward home and family, especially as we begin to prepare for the holidays of late fall and early winter.

I think the autumn trees have a lesson for us. Autumn prepares for spring. A time of rest and quiet reflection helps restore our energy for the activities and excitement of our lives.

The school year and the program year don't reflect the same quieting pattern the natural world is following. This is a time of year when many activities are starting up again. Our lives are busy and active and full of energy. But the autumn world around us welcomes us into moments of stillness in the midst of that activity. God offers us this season and a counterpoint to all our busyness, where we can find moments of rest and peace to restore us for our many activities and ministries in this time of year.

*In Christ,
The Rev. Elizabeth Locher*

Carpenter's Shelter "Run for Shelter" - November 22, 2015



Kick-off the holiday season by being a part of the solution to end homelessness in our community! Carpenter's Shelter is proud to host our 5th annual Run for Shelter on November 22, 2015, featuring a 5K, 10K and Fun Run, with proceeds benefiting Carpenter's Shelter.

The courses are flat, fast and suitable for all ages and skill levels, including children. Visit www.carpentersshelter.org/run-for-shelter for more information. Register by October 16 to be guaranteed a t-shirt. Carpenter's Shelter looks forward to seeing you on November 22, as we race to end homelessness!

If you have a group of interested members, please note that we are offering a 15% discount to groups of 10 or more. Please contact Rebecca Hightower (rebeccahightower@carpentersshelter.org) for more information regarding groups.

Rebecca Hightower

Our Lay Eucharistic Ministers

A Lay Eucharistic Minister (LEM) in the Episcopal Church is a lay person licensed by the bishop to administer the consecrated elements of the Eucharist. A LEM “may administer the consecrated bread and wine at any celebration of the Eucharist in the absence of a sufficient number of priests and deacons to assist the celebrant.” A LEM “may also be separately licensed to go from a Sunday Eucharist to share the sacrament with members of the congregation who were unable to be present at the celebration because of illness or infirmity.” LEMs may be licensed for only the former or both ministries.



Prior to the current lay ministry canons, specially licensed lay readers (lectors) administered the chalice at the Eucharist and were known as "chalice bearers." No provision was made for the administration of the host by lay persons under any other circumstances. Nothing in the 1979 prayer book permitted lay persons to carry elements to people who were unable to be present at the celebration of the Holy Eucharist. The rubrics in the “Service of Communion under Special Circumstances” indicated that communion would be brought to the sick only by a bishop, priest or deacon. In the 2003 revision of the National Canons, the former canon was replaced by a more comprehensive canon [Title III, Canon 4] dealing with the licensing of lay persons to perform a variety of ministries. Title III, Canon 4, Section 6 & 7 clearly distinguishes licensed ministers who “administer the Consecrated Elements at a Celebration of Holy Eucharist” [called Eucharistic Ministers] from those who “take the Consecrated Elements in a timely manner following a Celebration of Holy Eucharist to members of the congregation who, by reason of illness or infirmity, are unable to be present at the Celebration” [called Eucharistic Visitors]. Eucharistic Ministers are similar to the former Chalice Bearer. Eucharistic Ministers and Eucharistic Visitors are known as “extraordinary ministries.”

Serving as a LEM at Grace Church is a privilege granted by a license from the Bishop of the Diocese of Virginia at the request of the Rector. The first group of LEMs at Grace Church was licensed in the mid-1980s when Father Robert Moody was Rector. I am proud to say that I was one of them!

In order to serve as a LEM, a parishioner must be prepared to accept certain obligations.

- A LEM must be “a regular and faithful participant” at corporate worship.
- A LEM must be willing and able to serve at any of the Sunday celebrations of the Eucharist (7:30 am, 9:00 am, 11:15 am and 5:00 pm).
- A LEM must be willing, if at all possible, to serve at daily celebrations of the Eucharist and at special services such as weddings, funerals, ordinations and feasts held on days other than Sunday.
- A LEM should be willing and able to serve as a Eucharistic Visitor, bringing home communion to shut-ins on the third Sunday of each month.

A LEM normally wears a white alb secured by a white cotton cincture around the waist, and also wears a cross on a chain around the neck. The principal responsibility of a LEM is to administer the chalice during the Eucharist; however, any LEM must be ready to step in and assist with other duties, either at the celebrant’s request or because it’s obviously needed. A LEM may be asked to administer the host, and must know the right words to go along with it. If no lector has been assigned, or if the assigned lector is absent, a LEM may be asked to substitute – at very short notice. At some worship services, one of the LEMs will process with the Gospel book, accompanying the celebrant to the center of the nave. At the 5:00 pm worship service, one of the LEMs will serve as intercessor, leading the Prayers of the People; another will receive the offerings from the usher and present them to the celebrant for blessing.

...Graceful Worship, continued from page 4

Some LEMs choose to be trained to serve as subdeacon on those days that call for three sacred ministers. The subdeacon wears a white alb and cincture under a brocade garment called a “tunicle.” This garment reflects the color of the season, and is coordinated with the “chasuble” worn by the celebrant and the “dalmatic” worn by the deacon.

Mastering the choreography at the altar can be tricky. A LEM must know what to do and when to do it, so that the entire altar party moves as a synchronized unit. Where and when do you kneel? Where and when do you stand? At what point in the service do you turn with the rest of the altar party and face the congregation? In what order do you process up to the altar, and back to the narthex? It takes practice.

LEMes that serve as Eucharistic Visitors either travel in pairs or go with a companion, such as a spouse – they never go alone. The act of being “sent out” by the congregation to bring the consecrated Host to a shut-in is a special time of prayer and worship, and of receiving Christ in the Sacrament. LEMes and the people they visit follow an order of worship in a booklet that contains an abbreviated version of the Holy Eucharist. This includes providing a summary of the message that was delivered in the sermon. I always try to remember that whatever we do and say during that visit is “going to Church” for the person I’m visiting. I am privileged to be one of the links that keep the shut-in person connected to our larger parish family.

Experienced LEMes are asked to take a turn serving as LEM Coordinator for Sunday, daily and special celebrations of the Eucharist or, separately, as LEM Coordinator for home communions. Mike Jones and Jean Reed currently perform these tasks and, as they will readily admit, they can be a real challenge.

Serving as a LEM is a privilege that I have enjoyed for many years, and never taken for granted. If you feel called to this ministry, talk with Father Malm about it, and don’t be afraid to give it a try. We all make mistakes from time to time—even experienced LEMes like me. I kneel when I should be standing. Wine gets spilled on the altar rail (oops!). That’s when I remember the advice that Father Moody gave us: “If you’re in the wrong place at the wrong time, or you do the wrong thing, correct it slowly and with dignity. Most people will never notice.”

In the Roman Catholic Church, the shortage of priests has recently led to the enlistment of lay persons in this ministry as well. An "Extraordinary Minister of Holy Communion" is a Catholic lay person who assists in the distribution of Holy Communion, either during the Mass or afterwards. Section 156 of “*Redemptionis Sacramentum*” prohibits the use of other titles for these lay persons. Despite that prohibition, Roman Catholics often use the term Lay Eucharistic Minister to describe these ministers, and I regularly work with them at Alexandria Hospital, where I serve as a volunteer chaplains.

June Huber

Grace Episcopal School

This is the day that the LORD has made; let us rejoice and be glad in it. Psalm 118: 24. Each day at Grace School is filled with rejoicing. From morning meetings to phonics to science experiments and character keys, the days are filled with the joy of learning. Thank you to Grace Church for making the school such an important outreach mission.

Mark your calendar for our School Gala on November 7 to celebrate “The Roaring 20s” with a Casino Night, Auction and Fine Foods. Everyone is invited! For details, call 703-549-5067.

From the Library



The library has acquired 92 new books since January! Some were donations and the rest were purchased with library funds. Here is a list and description of some of them.

Man's Search for Meaning, by Viktor E. Frankl - PB/L
Experiences in a World War II German Concentration Camp

What Do Jews Believe? - The Spiritual Foundations of Judaism, by David Ariel - 296/ARI
Topics covered are God, human destiny, good and evil, the chosen people, etc.

Christ - A Crisis in the Life of God, by Jack Miles - 232/MIL
Considers the New Testament as a work of art, not historical facts. Author won the Pulitzer Prize for *God: A Biography*.

Saints and Sinners - A History of The Popes, by Eamon Duffy - 282/DUF
The history starts with Peter.

No god but God - The Origins, Evolution, and Future of Islam, by Reza Aslan - 297/ASL
The present conflict in Islam is like the Christian Reformation, fundamentalists vs. liberals.

The Life and Prayers of Saint Jude, by Wyatt North - BIO/JUD
Also known as Saint Jude Thaddeus, patron saint of desperate cases, hopeless circumstances, illness, bad marriage, money problems, and desperate times. Jude may be Jesus' brother, nothing definite is known about his life. The book is a summary of stories about him and prayers to use to pray to him.

The Major Works including all the Poems and Selected Prose, by Gerard Manley Hopkins - 821/HOP
Hopkins was a priest in the Society of Jesus. Includes poetry, prose, letters, sermons, diaries, devotional writings.

Teach Us To Pray, by Andre Louf - 248/LOU
Louf is a Trappist monk. The book includes a testimony to prayer, techniques of prayer, verbal prayer and interior prayer. "Prayer is God's gift to him who prays."

The Spiritual Exercises of Ignatius Loyola With Commentary, by Joseph A. Tetlow - 248/TET
Written 450 years ago and still used for Jesuit retreats. Four weeks of lessons. Asks where is God leading you. Author is a Jesuit and world-renowned expert in Ignatian spirituality. Can use on a retreat or at home. Or just read to see what it is all about.

Continued on page 7

...From the Library, continued from page 6

Thomas Aquinas: Selected Writings, Ed. by Ralph McInerny - 230/AQU

The editor is a fellow of the Pontifical Academy of Saint Thomas Aquinas at the University of Notre Dame and a medieval philosophy professor. Includes sermons, commentaries, responses to criticism and extracts from principal works. Some chapter titles are: The Work of the Six Days of Creation; The Meanings of Truth; Proof of God's Existence; Definitions of Soul; On Human Choice; The Logic of the Incarnation; Exposition of the Ave Maria.

Bonaventure: The Soul's Journey Into God, The Tree of Life, The Life of St. Francis, Trans. by Ewert Cousins - 201/BON

Preface by Ignatius Brady - one of the world's leading authorities on Bonaventure. Bonaventure was a professor, minister general of the Franciscan Order, a Cardinal, an advisor to Popes. The book contains the three major works written by him.

The Lives of Saint Francis of Assisi, by Brother Thomas of Celano - BIO/FRA

This book is considered the definitive biography of St. Francis. Some chapter titles are: How God visited his heart by sickness of body and a vision in the night; How his father persecuted and bound him; Of his preaching to the birds; and, Of the obedience of the creatures.

The Complete Writings of St. Francis of Assisi - 851/FRA

Includes a biography, letters, poems, prayers, and the Rules of the Friars Minor. He is the patron saint of animals, the environment and Italy; founder of the Order of Poor Dames; he created the first crèche with real animals - ox and donkey and a manger filled with straw.

Readings in St. John's Gospel (First and Second Series), by William Temple, 1955 - 226/TEM

Explains the fourth gospel. Temple is Father Malm's favorite Archbishop of Canterbury. Each chapter, verse and phrase is explicated. One of the books recommended by B. Spahr in her *An Episcopalian's Library*.

The Universe in a Single Atom: The Convergence of Science and Spirituality, by His Holiness The Dalai Lama (Tenzin Gyatso, 14th Dalai Lama, winner of Nobel Peace Prize and leader of the Tibetan people) 2005 - 294/DAL
"I believe that spirituality and science are...complementary investigative approaches with the same greater goal, of seeking the truth."

Religions: Visual Reference Guides by Philip Wilkinson - 291/WIL

Unlike most books in the library, this one has lots of pictures. It starts at the beginning with "What is Religion?" Other topics are Primal, Monotheistic, Indian, Eastern, and New Religions.

Zealot: The Life and Times of Jesus of Nazareth, by Reza Aslan - 239/ASL

Mentioned in a sermon by Mother Leslie in April 2015, it is the search for the historical Jesus, the story of the Jesus before Christianity, Jesus as a Jewish revolutionary.

The Sociopath Next Door/The Ruthless Versus the Rest of Us, by Martha Stout - 616/STO

One in 25 ordinary people has no conscience and no ability to relate to or love others. The book tells how to identify them and how to deal with them.

Wendy Cummings

Music



We welcomed back the Adult Choir on September 20 as they returned to the normal fall schedule of two sung choral services. Those choristers in the Boys and Girls Choir have already been working hard in preparation for their first Sunday, singing at the 9:00 am service on October 4. They will sing on the first and third Sundays of the month at the 9:00 am service. Please note that the Boys and Girls Choir is open to all youth, reading age and up. The **new** rehearsal times for the Boys' and Girls' Choir are Tuesday and Thursday 4:00-5:00 pm and Friday 5:00-6:00 pm.

There will be special services this program year that you will want to attend, including three Choral Evensongs and a Service of Advent Lessons and Carols. Our first Choral Evensong will be on The Feast of St. Luke, October 18 at 5:00 pm. You will find more information in the coming weeks on all special choral services by picking up a music brochure in the tract rack in the narthex or on the credenza outside the parish office. Please invite all of your friends to witness these wonderful opportunities for worship.

Finally, the Handbell Choir will be offering preludes to the 9 am service on the second Sunday of each month. If you are interested in joining the Handbell Choir or any other choir at Grace, please contact me by email at richard.newman@gracealex.org or by phone at 703-549-1980. I look forward to a new year of wonderful music and some new faces in the choirs, too!

Richard Newman

Alexandria Tutoring Consortium (ATC)

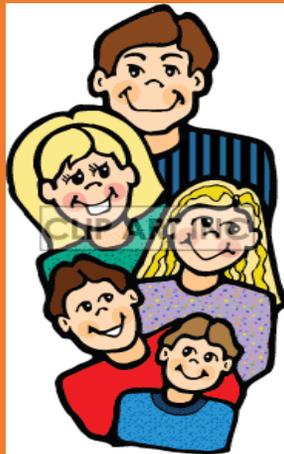
“Change a Life! Be a Tutor!” recommends Steve Rideout, retired Chief Judge of the Alexandria Juvenile and Domestic Relations District Court, one of ATC’s founders in 1997 and a former ATC tutor.

The Alexandria Tutoring Consortium needs dependable volunteers, able to tutor kindergartners and first graders one-on-one, once or twice a week in literacy skills in Alexandria public schools. Sessions for both are 30 minutes, at the school mostly during the school day, from October through May. Substitutes are available when needed. Training, lesson plans and materials targeted at each child’s reading needs are provided.

For more information and to register, please go to www.alexandriatutors.org. Contact 703-549-6670, ext. 119 or email atc@opmh.org if you have questions or need someone to fill out the registration form for you.

Diana Jarrett

Fall Events for Children, Youth and Families



Saturday, October 3

- Youth Day of Service - Aldie, VA

Sunday, October 4

- 4 pm - Blessing of the Animals Service
- 5:30 pm - Youth Dinner

Sunday, October 25

- 9 am - Youth Sunday
- 3-5 pm - Halloween Family Fun Afternoon

Sunday, November 1

- 10:15 am - Parent Forum
- 5:30 pm - Youth Dinner

Friday, November 6 - Sunday, November 8

- Senior High Shrine Mont Weekend

Sunday, November 29

- 10:15 am - Intergenerational Advent Day - No Sunday School

Dear Parishioners of Grace Episcopal Church, Alexandria,

It is with great joy that I thank you all for your generous contributions to Haiti Micah Project's Sponsor a Child Program. Our Boards of Directors in Haiti and the U.S. and the children and staff in Mirebalais are so appreciative of your faithful generosity during the last five years for our work. The parishioners at Grace Church are among our most avid supporters and our daily work that feeds and educates 500 children and young adults is only possible because of people like you.

Haiti Micah Project is about changing the lives of the poorest children in a country that faces countless challenges each day. Stretched thin dealing with crises around the world, there is a temptation to despair. You, however, have recognized the power of changing one child's life. Your support has transformed their lives through our feeding and education program. Once you have seen one life change, you know it is worth it.

This year HMP celebrates its 10th anniversary. We celebrate all of you at Grace Church who have helped to make the work of HMP possible. We are so grateful for your good hearts.

Currently we are focusing on developing programs at our new vocational training center. We hope you are getting our monthly e-newsletter that has featured its construction. Much has been happening at HMP since the earthquake, as we try and meet the needs of over 500 children. We encourage you to visit our website www.haiti-micah.org, like us on Facebook, and stay up to date about current events in Haiti on twitter.

Thank you for everything you do on behalf of the children. God bless you for your compassion. Your willingness to act is what makes Haiti Micah Project so crucial to their lives.

Faithfully yours,



*The Rev. Joseph M. Constant
President, Haiti Micah Project*

Meet our Second Seminarian!

Last month, we introduced you to Jason Roberson, one of our new seminarians. This month we would like to introduce you to Ian Lasch, our other seminarian this year.

Ian Lasch is a senior at Virginia Theological Seminary (VTS). He is serving this academic year at Grace Church, beginning on September 20.

Ian was born and raised in Charlotte, North Carolina, but came to seminary after living a decade in Augusta, Georgia, in the Diocese of Georgia. Prior to seminary, he worked as an Arabic translator, first in the U.S. Army and then as a civilian contractor for the U.S. Army and Air Force. His wife, Loren, is an Episcopal priest currently serving at St. Patrick's Episcopal Church in Washington, DC. They had their first child, son Elias George, on December 17, 2014. Ian served as the seminarian last year at Church of the Epiphany in Washington, DC, but is grateful for the opportunity to serve at Grace in his final year of seminary after the retirement in June of Epiphany's rector.

Ian is an avid follower of Cleveland sports, a fact for which he has his parents to thank. He is also serving as the 2015 VTS Student Body President. Ian is greatly looking forward to spending this year with the parish family at Grace!



“Seek and Serve Christ in All People”

October 4

Stewardship Brunch
(Amphitheater)

October 11

Serving God's People in
Mission - The EYC
Mission Team
(Merrow Hall Auditorium)

October 18

Grace School Sunday
(Amphitheater)

October 25

“Here if You Need Me”
- Pastoral Care Book
Series, Part 1
(St. John Room)

Garden (Work) Party – Save the Date – Oct. 17

Join us on Saturday, Oct. 17, as we complete fall gardening tasks. Help plant trees and shrubs, weed and mulch various gardens around Grace. BYOGAT (Bring your own gardening gloves and trowel). We'll start around 9 am, but come when you can in the morning to help out.

Have a previous commitment? Consider becoming a Garden Angel and adopt a garden to care for on your own schedule. Don't have a green thumb? No worries—it only takes a few minutes to learn what's a weed and what isn't. For more information, contact kristine.hesse@gracealex.org. Thanks for your help!

Kristine Hesse



St. Francis Garden – Pet Memorial Garden

Tasks: Weed, prune dead twigs, edge grass.

Tower Garden & Entry

Tasks: Weed. Edge grass. Consider donating pansies or mums for planting at doors and under trees.



Hill Garden

Tasks: Weed, help plant shrub, mulch.

Merrow Tree and Front Entry Garden

Tasks: Weed, pull ivy, edge grass. Consider donating pansies or mums to plant around the front steps.



Continued on page 14

...Garden (Work) Party, continued from page 13



Columbarium Garden

Tasks: Weed, pull ivy and other invasive plants.
Consider donating sedum ground cover to plant in mulched beds.

Circle Garden

Tasks: Weed, apply weed killer to bricks. Need someone handy with masonry to repair brick edging damaged by heavy truck running over the brick.



Lower Southwest Garden

Tasks: Weed, edge grass.



October Birthday List



Josie Battle	10/01
Kate Lorentz	10/01
James Malm	10/02
Maggie McQueen	10/01
Charissa Nelson	10/02
Jack Spitzer	10/02
Ward Morris	10/03
Anthony Berry	10/04
Margaret Carlson	10/04
Ruth Corlett	10/04
James Lockwood	10/04
Bill Burch	10/05
Sheng Davis	10/05
Harley Hughes	10/05
Anne Berry	10/06
Suzanne Cooper	10/06
June Huber	10/06
Anabelle Long	10/07
Walter Moore	10/07
Wendy Murphy	10/07
Charlie Iovino	10/08
Barry Joyner	10/08
Susan Merritt Nelsen	10/08
Virginia Robinson	10/08
Alexandra Smith	10/09
Dena Battle	10/10
Everett Ruff	10/11
Puddy Blunden	10/12
Clare Doherty	10/13
Travis Thompson	10/13
Sebastian Peterson	10/14
Katherine Winstead	10/14
Christina Gabbert	10/15
Laura Laemmle-Weidenfeld	10/15
Lisa Medley	10/15
Charles Nelson	10/15

Christine Cheevers	10/16
Michael Laemmle	10/16
Kirk Logie	10/17
Christy Sweet	10/17
Nicholas Winkel	10/17
Mimi Barnes	10/18
Crispin Enger	10/18
Merrin Winkel	10/18
Finlay Baird	10/19
James McCully	10/19
Erin Fleming	10/19
Beth Yancey	10/19
Tricia Bamford	10/20
Christian Henel	10/20
Jim Stancil	10/20
Lesley Kalan	10/21
Jay Legere	10/22
Margaret Lukens	10/22
Wendy Cummings	10/23
Nathan Gannon	10/23
Jacqueline Klein	10/23
Ava Lee	10/23
Remsen Baird	10/24
Michael Coe	10/25
Isabelle Doherty	10/25
Kim Frankena	10/25
Walker Pheil	10/25
Paul Rugaber	10/25
Colin Rushing	10/26
Paul Hanley	10/27
William Malone	10/27
Sue Donelson	10/28
Willem Schultz	10/29
Teresa Payne	10/30
Barbara Blakistone	10/31
Pedro Hernandez	10/31

Parish Staff

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 Ian Lasch Seminarian
 (ian.lasch@gracealex.org)

Vestry

Class of 2015

Lisa Medley Senior Warden
 Mary Ann Ryan Register
 Eric Waskowicz Junior Warden
 Judi Willard Youth
 Jan Wolff School Board

Class of 2016

Jeffrey Chiow Fellowship, Asst. Jr. Warden
 Lina Dobbs Communications, La Gracia
 Bill Eckel Treasurer
 Bill Malone Stewardship
 Easter Thompson Worship

Class of 2017

John Boris Pastoral Care
 Colby Gustafson Outreach
 John Metz School Board
 Leo Ribeiro TNT
 Lorna Worley Evangelism

Non-Vestry Coordinators

Gary Carter Fellowship
 Chad Eckles Worship
 Tracey Enger Outreach
 Kristine Hesse Communications
 Rich Kelly Youth
 Cindy MacIntyre Evangelism
 Lucy Tschetter TNT

Olympic Champion!

Congratulations to long-time parishioner, Ward Morris, for bringing home medals in four track-and-field walking races at the Northern Virginia Senior Olympics on Saturday, September 12. Here, with champagne hidden from the camera, the champ celebrates his victories: he took gold in both the mile and the half-mile, silver in the quarter-mile and bronze in the three-mile. Ward trains four days a week, primarily on the treadmill, in the Fitness Center at Goodwin House Baileys Crossroads.

Barbara Morris

