

Please Pray For...

Parishioners...

Mary, Michael, Jimmy, Joyce, Lisa, Michael, Ismael, Adela, Martha, Jack, Easter, Dick, Sharon, Jane, Josie, Mary Jo

Family and friends...

Tina, Sherrel, Pepper, Jack, Tom, Spencer, Ella, Lori, Jennifer, Margaret, Denise, John, Patty, Bobby, Caitlin, Bibsy, Wally and his family, Tina, Lavonia, John, Ann, Scott, Larry, Cynthia, Jack, Sarah, Meredith, Maria, Max, Shannon, Chris, Neal, Alec, Darrie, Alice, Rita, Wiley, Clare, Dick, Susan, Barbara, Cathy, Mary, Kim, Jim, Pat, Charles, Christine, Cameron, Kimberly, Anna

Requiescat in Pace ... all those killed in acts of terror and the wars around the world.

Those serving in Afghanistan or Iraq and all others at risk, including, Alex Ford, Andy Lopez, Eric and Karen Coulson. Pray for healing for US troops wounded as casualties of war and their caregivers.

Others who are overseas serving the Church or our nation, or studying, including Lit and Mary Carol Tazewell, Maggie Eckel, Andrew Boyd and Audra Kreger, the Scudi family, Mike and Kim Bomberger, Chris, Maggie and Eddy Corlett, Virginia Robinson, the Pattarini family, Evan and Kim Cannell

Those in assisted living:

Shirley, Jorge, Joan, Clare, Tom, Fr. Jack, Kathleen, Jim

In the Anglican Cycle of Prayer: Malek (Upper Nile, Sudan) and The Rt Revd Peter Joh Mayom

In the Diocesan Cycle of Prayer: Hanover with Brunswick, King George; St. Paul's, Richmond; St. Matthew's, Richmond; St. Peter's, Richmond; St. Bartholomew's, Richmond.

In the parish: Mary Stewart and Kristine Hesse, chairs of the Communications Program and those who write, edit and produce Grace Notes; and maintain our website.

Those with birthdays this week:

26 Jay Burgess, Joe Washington

27 Sidonie Gillette

28 Willem Egaas, Elizabeth Dorton

1 Eugene Alford, Yanira Rodriguez, Peter Zuidema

2 Kemp Williams

3 Beau Grimes, Vi Legere, Cindy MacIntyre, Alice Russell, Tyler Smith, Jonothan Wolcott

4 A.J. Nannini

Today

Flowers on the Altar

The flowers on the Altar today are given to the glory of God and in thanksgiving by the Altar Guild.

#walkinlove

Join in the procession immediately following the 9 a.m. worship service as we walk in love into our "next door" neighborhood. We will process down Russell Road, turn right onto Mount

Vernon and make our way to a nearby parking lot. There will be no Adult Forum, Sunday School, or coffee hour following the 9 a.m. worship service.

Newcomers Reception

Our first Newcomers Reception of 2017 will be held tonight at 5:45 p.m. in the St. Mark Room.

J2A Retreat Weekend

Our J2A group is traveling home from a weekend retreat in the mountains of Virginia. Please keep these teenagers and their sponsors in your prayers as they begin their final journey towards Confirmation.

Lenten Activities

Lenten materials are available today outside the main office and on the table outside the elevator on the 2nd floor. Resources include devotional books and a Lenten booklet that gives a history of the season and a description of all our classes and service times.

5 Marks of Love

In this six-week series, we will examine and reflect on the ways in which God's Life and God's Mission express themselves in and through us. Inspired by the Anglican "Marks of Mission," we will look for signs of God's presence and activity in our lives, in our communities, and in the world around us. Each week, we will explore one of the "Marks," allowing our speakers to use their different backgrounds and expertise to help us reflect on what God is doing in our lives and in our world.

We are "Living Life Marked as Christ's Own," and because Christ's life is expressed in and through us, we have a responsibility to

1. Proclaim the Good News of the Kingdom (TELL)
2. Teach, baptize, and nurture new believers (TEACH)
3. Respond to human need by loving service (TEND)
4. Transform unjust structures, challenge violence of every kind, and pursue peace and reconciliation (TRANSFORM)
5. Strive to safeguard the integrity of creation, and sustain and renew the life of the earth (TREASURE)

This six-week study will begin on Sunday, March 5 during the forum hour. This will replace the Parent Forum, normally scheduled for the first Sunday of the month, and is open to all who are interested in the series. Even if you are unable to participate in the Monday night studies, feel free to come and pick up a workbook and listen to the introduction. The Brothers of SSJE and VTS have made a daily email and video that anyone can access. They can be found at www.5marksoflove.org.

Website Launch

Be sure to check out the new gracealex.org website that launches today! Special thanks to the web team for their hard work in seeing this project through. In addition to the new look, you can find the daily videos for the 5 Marks of Love Lenten study on the site, a daily calendar of events and information about Grace Church that you need to stay connected.

Brown Bag Lunch Week: March 13 – 17

Once again, sandwiches and servers are needed for the Grace Church week for this outreach program. Two servers at Meade Memorial Church are needed each day and two-hundred sandwiches that are paired with fruit, a snack and soup are needed for the week. Please sign up on the Outreach bulletin board if you are willing to make 10 or 20 sandwiches or to serve. You

can also e-mail linda.waskowicz@gracealex.org. Instructions are available if you've never participated. Your help is valued.

This Week

Youth News

The J2A will host the annual Pancake Supper on Shrove Tuesday, February 28. Dinner will be between 6:00-8:00, with our regularly scheduled Tuesday night service beginning at 6:30. Short stack \$3; Regular stack \$6.

Next Week

Rise Up Against Hunger Event

The Grace Church youth are hosting youth from Region IV in a food packing party on March 5 from 2:30-4:30. These events are high energy and fast paced. In two hours, forty plus teenagers will pack over 10,000 nutritionally sound rice dinners, that will be distributed around the world.

Upcoming Events

Save the Date

The J2A Auction will be held April 22. This evening of fellowship and fun helps to fund this year's J2A pilgrimage to Italy.

The Calendar for the Week

Sunday, February 26

The Last Sunday after the Epiphany

- 7:30 a.m. Holy Eucharist
- 8:30 a.m. Library open (until 12:30 p.m.)
- 9:00 a.m. Choral Eucharist (Children's Chapel available)
- 10:15 a.m. "Walk in Love"
- 11:15 a.m. Choral Eucharist (Children's Chapel available)
- 12:30 p.m. Coffee Hour in the Commons
- 5:00 p.m. Holy Eucharist
- 5:45 p.m. Newcomer Reception

Monday, February 27

- 1:00 p.m. Food Pantry
- 6:30 p.m. Education for Ministry

Tuesday, February 28

George Herbert, 1633 (tr)

- 1:00 p.m. Food Pantry open (until 3:00 p.m.)
- 4:15 p.m. Boys and Girls Choir Rehearsal
- 6:00 p.m. Pancake Supper
- 6:30 p.m. Holy Eucharist with Prayers for Healing

Wednesday, March 1

Ash Wednesday

- 7:30 a.m. Holy Eucharist — Lady Altar
- 9:00 a.m. GES Chapel
- 12:15 p.m. Holy Eucharist
- 6:00 p.m. Children's Eucharist
- 7:30 p.m. Choral Eucharist
- 7:00 p.m. AA District One – St. John Room
- 8:00 p.m. AA and Al-Anon — St. Mark Room and Auditorium

Thursday, March 2

John and Charles Wesley, 1791, 1788 (tr)

- 12:15 p.m. Holy Eucharist — Lady Altar
- 4:15 p.m. Boys and Girls Choir Rehearsal
- 6:45 p.m. Handbell Choir
- 7:30 p.m. Adult Choir

Friday, March 3

- 11:30 a.m. Confession
- 12:15 p.m. Holy Eucharist with Stations of the Cross
- 6:30 p.m. Food Pantry
- 8:30 p.m. AA — Auditorium

Saturday, March 4

- 9:00 a.m. Altar Guild – Sacristy and Nave