

May 29, 2016

GRACE EPISCOPAL CHURCH
3601 RUSSELL ROAD
ALEXANDRIA, VIRGINIA 22305

Clergy and Staff

<i>Rector</i>	The Rev. Robert H. Malm rector@gracealex.org
<i>Assistant to the Rector</i>	The Rev. Leslie N. Steffensen assistant.rector@gracealex.org
<i>Assistant for Parish Life and Family Ministries</i>	The Rev. Elizabeth Locher family.ministries@gracealex.org
<i>Head of Grace Episcopal School</i>	Patti Culbreth pculbreth@graceschoolalex.org
<i>Director of Music</i>	Richard Newman, DMA music.director@gracealex.org
<i>Parish Administrator</i>	Amy Medrick parish.administrator@gracealex.org
<i>Financial Administrator</i>	Beth Calaman bookkeeper@gracealex.org
<i>Children’s Chapel Coordinator</i>	Ruth Young
<i>Sexton</i>	Pedro Hernández
<i>Summer Seminarian</i>	Will Packard will.packard@gracealex.org

Grace Church Vestry

Executive Committee

<i>Senior Warden</i>	Bill Eckel
<i>Junior Warden</i>	Jeff Chiow
<i>Treasurer</i>	John Boris
<i>Register</i>	Bill Malone
<i>Member at Large</i>	Lorna Worley

Class of 2016	Class of 2017	Class of 2018
Jeffrey Chiow	John Boris	Rich Kelly
Lina Dobbs	Kelly Gable	Yesica Lopez
Bill Eckel	Jennifer Long	Chris Rugaber
Bill Malone	Judy Willard	Jan Wolff
Easter Thompson	Lorna Worley	

To get in touch with us....

Grace Church’s clergy and staff are most easily accessible during normal office hours: 9:00 AM to 4:00 PM, Monday through Friday.
Phone: 703/549-1980 • Fax: 703/549-2832
E-mail: parish.administrator@gracealex.org
On the web at www.gracealex.org



Please Pray for

Parishioners..... Mary, Michael, Liz, Jimmy, Joyce, Lisa, Michael, Dick, Martha, Easter, Renata, Lisa, Cleve and Lisa

Family and friends....., Tina, Carol, Matthew, Sherrel, Pepper, Jack, Cecilia, Tom, Jeanne, Spencer, Todd, Ella, Lori, Jennifer, Vic, Margaret, Joan, Rob, Richard, Denise, the Pasowitz family, John, Gayle, Bruce, Steve, Patty, Bobby, Viola; Paola, Joan, William, Ruth, Caitlin, Bibsy, Cynthia, Wally and his family, Tina, Jack, Dottie, Sue, Alicia

Requiescat in Pace1st Lt. David A. Bauders, Special Warfare Operator 1st Class Charles H. Keating IV and all those killed in the wars around the world.

Those serving in Afghanistan or Iraq and all others at risk, including Alex Ford, Andy Lopez, Eric and Karen Coulson, and Donald Hepburn, Jr. Pray for healing for US troops wounded as casualties of war and their caregivers.

Others who are overseas serving the Church or our nation, or studying, including Maggie Eckel, Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, the Scudi family, Mike and Kim Bomberger, Chris, Maggie and Eddy Corlett, Virginia Robinson, Brad Bergmann and June Huber.

Those in assisted living: Shirley, Dick, Jorge, Frank, Joan, Cheryl, Clare, Fr. Jack, Tom, Ralph

In the Anglican Cycle of Prayer: Anglican Centre in Rome

In the Diocese of Virginia: Military service men and women serving around the world and the Chaplains that support them.

In the parish: Lorna Worley and Cindy MacIntyre, chairs of the **Evangelism Program,** and the volunteers who help with newcomer ministries.

Those with May & June birthdays

- 29. William Holland, Victoria Portillo, Noah Yerkes
- 30. Yolonda Brawley, Heather Kelly
- 31. Earl Durand, Hudson Palmby
- 1... Ron Vassallo, Alex Washington
- 2... John Cunningham, Margaret Will, George Waskowicz
- 3... Sarah Schultz, Ava Fraser, Lila Causey, Olivia Albright
- 4... Roberto Sanchez, Armando Falcon, Sam Woodhead

Welcome to Grace Church!

Today, we celebrate the Holy Eucharist at 7:30 am and 5:00 pm; Festival Choral Eucharists at 9:00 am and at 11:15 am in the church.

Sunday, May 29 The Feast of Corpus Christi

8:30 am Library open (8:30 to 12:30 pm) and during the week when the church is open

8:45 am Childcare for children 6 weeks through 2 years (until 12:30 pm) — Nursery

8:50 am Children’s Chapel for children 3 years through kindergarten — St. Nicholas Room

10:15 am Fellowship Sunday Coffee Hour

10:15 am La Gracia Forum (Spanish language) — St. John Room

Monday, May 30

Church Office, Food Pantry and GES Closed for Memorial Day

Tuesday, May 31.....Visitation of the Blessed Virgin Mary

10:00 am Church Staff Meeting — St. Mark Room

1:00 pm Food Pantry open (until 3:00 pm)

3:00 pm GES Board Executive Committee Meeting — Library

4:00 pm Bulletin Insert deadline

6:30 pm Holy Eucharist (with Prayers for Healing) — Lady Altar

Wednesday, June 1.....Justin, Martyr at Rome, c. 167

7:00 am Holy Eucharist — Lady Altar

5:00 pm Yoga — St. John Room

7:30 pm Divinity on Tap: TNT Bible Study — VTS Café

7:00 pm GEC Trust Board Meeting — Library

8:00 pm AA & Al-Anon — Auditorium and St. Luke Room

Thursday, June 2.....The Martyrs of Lyons, 177

12:15 pm Holy Eucharist — Lady Altar

7:30 pm Adult Choir — St. Cecilia Room

Friday, June 3

9:00 am Grace School Graduation — Nave

6:30 pm Food Pantry open (until 7:30 pm)

8:30 pm AA — Auditorium

Saturday, June 4

9:00 am Altar Guild — Sacristy and Nave

May 29, 2016

Worship Notes

The Feast of Corpus Christi

Since the 13th century the Church has celebrated this feast of “The Body of Christ,” commemorating the institution of the Holy Eucharist. Since Maundy Thursday focuses upon Our Lord’s Passion, the Thursday after Trinity Sunday was chosen as a separate day to celebrate the gift of the Eucharist. Thomas Aquinas, pictured in one of our nave stained glass windows, wrote several hymns in honor of the Holy Eucharist, including hymn 314.

Flowers on the Altar

The flowers on the Altar today are given to the glory of God by Sean and Christine Harris in celebration of their wedding yesterday and by Fred Saalfeld in loving memory of Liz Saalfeld.

Fellowship Sunday — 10:15 to 11:00 am

Today is Fellowship Sunday. There will be no Sunday School classes or Adult Forum. All are welcome to coffee hour following the 9 am service.

Refugee Forum Series at St. George's, Arlington

A Dialogue on Challenges and Opportunities in Welcoming Refugees. There are three sessions, June 2, 9, and 16. Understand refugee migration realities; discuss our faith community role; learn ways to get involved. More information and event details can be found at: <http://stgrefugeeforums.eventbrite.com>.

Vacation Bible School June 26-30 – Registration closes June 12

Join us at Grace Church this summer for our annual Vacation Bible School program! This year’s theme is “Pilgrimage: Seeking the Kingdom of God.” It will run Sunday, June 26 (5-7pm) and Monday to Thursday, June 27-30 (9am to noon). We will be exploring the medieval church and saints throughout the ages through stories, worship, games, crafts, and lots more fun! VBS is open to campers age 3 – rising 5 th graders, and all ages are invited to join the fun as volunteers! Registration is now until June 12 at <https://ccalexvbs.wordpress.com/registration/>, or in the News Room section of the Grace Church website.

This Week at Grace

Yoga at Grace for Fellowship and Health! — Mon. and Wed.

Bring your mat to the St. John Room on the third floor of Mellow Hall on Monday at 6:00 am and Wednesday at 5:00 pm.

From the Library

The Venerable Bede; The Restless Heart: The Live and Influence of St. Augustine; Journeying With Julian; Disordered Loves: Healing the Seven Deadly Sins; and *Patron Saints* are on display in the library and branches.

Next Sunday, June 5

Final Adult Forum: Sunday School Presentation

Our final Sunday of Christian Formation classes for children, youth, and adults will be June 5th from 10:15-11 am. Our Sunday School students will present on their year, and we will have a chance to reflect and share ideas about where Christian Formation for all ages might go in the future.

Youth Sunday and Teacher Recognition

Next Sunday at the 9 am service our children and youth will take the lead with additional roles in our worship, from leading prayers to preaching. We will also be honoring those adults who have served this year as Sunday School teachers and Youth Sponsors.

Final Day of Sunday School

Next Sunday, June 5th, will be the final day of Sunday School for all ages until the fall.

Mission All Hands Meeting 10:00 am

We are having an All Hands meeting in the St. Mark Room. If you are coming on the mission trip, please attend this meeting. We will be discussing logistics of travel, what to expect on the trip and what to bring. We will also be collecting a \$50 deposit from each person attending to secure your place on the trip. Please bring this with you to the meeting.

TNT “First Sundays” Brunch at noon (or join in after the 11:15 service)

Are you in your twenties or thirties? Singles, couples, and families with children are invited to join us for brunch at “Los Tios” Tex-Mex restaurant (2615 Mt Vernon Ave, Alexandria.) We hope to make this a monthly event! Please contact the Rev. Leslie Steffensen (assistant.lector@gracealex.com) for more information about this fellowship/ministry group.

Upcoming Events

June 12 — Summer Choral Eucharist & Parish Picnic

Sunday, June 12 will be the first 10:00 am Summer Choral Eucharist and it will be followed by the parish picnic.

June 12 — Washington Nationals Game

Our youth groups and other interested parishioners are invited to take part in a Grace Church trip to see the Washington Nationals play the Phillies at 4:05 pm on Sunday, June 12th. We will be ordering a block of tickets together, so if you would like to come, email Rich Kelly today at richkellyhtc@gmail.com to reserve tickets.

Help at Grace and Beyond

Do you have 1-2 hours free, one Monday a month?

Join the Flower Delivery Ministry!

The Flower Delivery Ministry brings comfort, beauty, encouragement, and love to parishioners each week. Each Monday (except during Lent, Advent and on holidays), volunteer drivers take bouquets made by the Altar Guild from altar flowers to three Grace parish members designated by the clergy. Those who have delivered flowers have found this an enjoyable and rewarding activity. Substitute drivers are also needed. Please contact Mike Reed at (703) 836-4550 or mike.reed@gracealex.org to volunteer or for more information.

Meals on Wheels Looking for Volunteers (2 hours per month) and a New Coordinator

Meals on Wheels allows seniors who are unable to leave their homes to shop, or who have difficulty preparing meals, to have two healthy meals per day delivered to their homes. Senior Services of Alexandria, in partnership with the City of Alexandria, loyal volunteers and donors, provides meals 365 days a year. The meals are cooked and packaged for delivery by paid professional staff. As an outreach ministry, Grace Episcopal Church provides volunteers to deliver 6 routes, or approximately 70 meals, per month. Our volunteers have been doing this since at least the mid ‘70s, and likely back to the 1950s when the Alexandria MOW program was founded and many local churches committed to staff one day per month. Grace volunteers meet at Jeffery’s Catering, 4417 Wheeler Ave., at 10 a.m. on the first Friday of each month to deliver meals to clients. A driver and a runner are assigned to each route. The time commitment is about 2 hours once per month. We are also looking for a new coordinator to schedule and recruit volunteers. If you are interested in volunteering or becoming our volunteer coordinator, please contact Keller Smith at 571-623-5909.

Groceries to Go

Senior Services of Alexandria (SSA) and Giant Foods on Duke Street are partnering to provide a grocery shopping and delivery service for seniors who live in the City of Alexandria. To participate, you must be over 60 years of age, be a City resident, have a debit or credit card, and have difficulty grocery shopping on your own. Grocery orders are placed over the phone. There is no delivery fee and no minimum order. For more information, please contact Sarah Drexler at Senior Services of Alexandria, 703-836-4414, ext. 120 or by email at friendlyvisitor@seniorservicesalex.org.