

**GRACE EPISCOPAL CHURCH**  
 3601 RUSSELL ROAD  
 ALEXANDRIA, VIRGINIA 22305

**Clergy and Staff**

*Rector* The Rev. Robert H. Malm  
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*Financial Administrator* Beth Calaman  
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*Children's Chapel Coordinator* Ruth Young

*Sexton* Pedro Hernández

**Grace Church Vestry**

**Executive Committee**

*Senior Warden* Bill Eckel

*Junior Warden* Jeff Chiow

*Treasurer* John Boris

*Register* Bill Malone

*Member at Large* Lorna Worley

<b>Class of 2016</b>	<b>Class of 2017</b>	<b>Class of 2018</b>
Jeffrey Chiow	John Boris	Rich Kelly
Lina Dobbs	Kelly Gable	Chris Rugaber
Bill Eckel	Jennifer Long	Jan Wolff
Bill Malone	Judy Willard	
Easter Thompson	Lorna Worley	

**To get in touch with us....**

Grace Church's clergy and staff are most easily accessible during normal office hours: 9:00 AM to 4:00 PM, Monday through Friday.

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On the web at www.gracealex.org



**July 31, 2016**

**Please Pray for**

**Parishioners.....** Mary, Michael, Jimmy, Joyce, Lisa, Michael, Dick, Martha, Easter, Renata, Lisa, Cleve , Lisa, Sherryl, Cindy, Michelle, June, Polly

**Family and friends.....**, Tina, Carol, Matthew, Sherrel, Pepper, Jack, Cecilia, Tom, Jeanne, Spencer, Ella, Lori, Jennifer, Margaret, Joan, Rob, Richard, Denise, the Pasowitz family, John, Gayle, Bruce, Steve, Patty, Bobby, Caitlin, Bibsy, Wally and his family, Tina, Jack, Alicia, Megan, Dottie, Lavonia, Ruth, Sue, John, Ann, Rolf, Chris, Scott

**Requiescat in Pace ....**Ralph Lewis and all those killed in acts of terror and the wars around the world.

**Those serving in Afghanistan or Iraq and all others at risk, including** Alex Ford, Andy Lopez, Eric and Karen Coulson, Claire Eudy, Evan and Kim Cannell. Pray for healing for US troops wounded as casualties of war and their caregivers.

**Others who are overseas serving the Church or our nation, or studying, including** Maggie Eckel, Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, the Scudi family, Mike and Kim Bomberger, Chris, Maggie and Eddy Corlett, Virginia Robinson.

**Those in assisted living:** Shirley, Jorge, Joan, Cheryl, Clare, Tom, Fr. Jack, Kathleen

**In the Anglican Cycle of Prayer:** Church of the Province of South East Asia

**In the Diocese of Virginia:** St. Mary's Whitechapel, Lively; Trinity, Lancaster;

**In the parish: Easter Thompson,** Vestry chair of the **Worship Program,** and the volunteers who serve in the Altar Guild and choirs and as acolytes, ushers, lectors and Lay Eucharistic Ministers

**Those with July and August birthdays**

- 31 Sharon Hickok, Dylan Pianesi, Stephanie Reed
- 1 Spencer Foucart, Emily Graves
- 2 Colin Enger, Linda Grimes, Heather Hurley, Wendell Thomas, Julia Ziegler
- 3 Brooke Henry, Joanne Davis
- 4 Ralph Lewis
- 5 Kim Griffin, Jan Spence

**Welcome to Grace Church!**

Today, we celebrate the Holy Eucharist at 7:30 am and 5:00 pm; Holy Baptism and Choral Eucharist at 10:00 am in the church; and a 9:00 am Santa Eucharistia in the auditorium.

**Sunday, July 31**

8:30 am Library open (8:30 to 12:30 pm) and during the week when the church is open

9:00 am Children's Chapel for La Gracia Service

9:45 am Childcare for children 6 weeks through 2 years (until 12:30 pm) — Nursery

9:50 am Children's Chapel for children 3 years through kindergarten — St. Nicholas Room

**Monday, August 1**

6:30 am Strength and Flexibility Class — St. John Room

8:30 am Steve & Kate's Camp

9:30 am Brown Bag Lunch Program through Friday

1:00 pm Food Pantry (until 3:00 pm)

**Tuesday, August 2**

8:30 am Steve & Kate's Camp

10:00 am Church Staff Meeting — St. Mark Room

1:00 pm Food Pantry open (until 3:00 pm)

3:00 pm Bulletin Insert deadline

6:30 pm Requiem Eucharist — Lady Altar

**Requiem**

**Wednesday, August 3**

7:00 am Holy Eucharist — Lady Altar

8:30 am Steve & Kate's Camp

5:00 pm Yoga — St. John Room

8:00 pm AA and Al-Anon — St. Luke and Auditorium

**Thursday, August 4**

8:30 am Steve & Kate's Camp

12:15 pm Holy Eucharist — Lady Altar

**The Transfiguration of our Lord**

**Friday, August 5**

8:30 am Steve & Kate's Camp

6:30 pm Food Pantry open (until 7:30 pm)

8:30 pm AA — Auditorium

**Saturday, August 6**

9:00 am Altar Guild — Sacristy and Nave

5:00 pm Doors open for Movie Night

5:30 pm Movie Night begins

July 31, 2016

## Worship Notes

### Flowers on the Altar

The flowers on the Altar today are given to the glory of God by the Altar Guild.

### Message from the Treasurer

It's the middle of the summer, and we've reached the midpoint in the Grace Church budgetary year. The broad picture is that, with the year half over, our expenses are running somewhat above 50 percent, and our income somewhat below 50 percent. This is not unusual, but it does point out the careful margins on which Grace tries to operate. Our greatest assets are the commitment, energy and time that Grace Church members continuously demonstrate. The resources that you provide, especially pledging, help us do all that we do. **Thank you for your faithful stewardship throughout the year.** Please pick up the envelopes containing your financial contributions to Grace Church for the first half of this year. All are located on the table in the foyer by the glass doors entrance from the parking lot into Merrow Hall. Please contact our Bookkeeper if you have any questions.

### Flower Fund

Please consider donating to the flower fund. Donations can be made by check or online through the Grace website under "How to" and then "Offer Pledges and Gifts."

### Thank you from the Food Pantry

The Food Pantry thanks all the Grace Garden Green Thumbs for the wonderful fresh vegetables from the church garden. The additional bonus of fresh veggies add to the bags of non-perishable food we give to our clients and are greatly appreciated. Keep growing in Grace!

### Want to join the Sunday School team?

As we prepare for the new Sunday School year in the fall, we are looking for new teachers to join the team! Are you interested in working with our children and youth? You don't need previous experience – just a passion for God and a love of children. We provide training, curriculum, and experienced teachers to work with you. We are especially looking for teachers to work with our preschool, grade school (K-3rd grade), and high school students. If you would like to join, please contact Mother Elizabeth at 703.549.1980 or family.ministries@gracealex.org.

### Help us welcome visitors!

Throughout the summer, you may notice members of our parish stationed by the glass doors before the service, in the narthex after the service, and at the little white table in the auditorium during coffee hour welcoming guests and newcomers to our parish. This is the St. Andrew's Guild, and you are invited to join us! Every member of Grace Church is an honorary member of this guild and encouraged to greet and welcome visitors, but if you would like to join this focused ministry of identifying and welcoming visitors on Sunday mornings, please email family.ministries@gracealex.org to contact Mother Elizabeth or speak to one of our members.

### Education for Ministry

Education for Ministry (EfM) is a unique four-year distance learning certificate program in theological education based upon small-group study and practice. EfM helps participants learn to discover and nurture their call to Christian service by exploring the Christian tradition and bringing it into conversation with their culture, their beliefs, and their personal experience.

We meet on Monday nights from September through May to study, worship, and engage in theological reflection together. We are enrolling now for the 2016-17 class, and although it's a four-year program, you need only commit for one year at a time. If you've taken a break from EfM and are interested in returning to the program, or if you've never participated in EfM but think you might be interested, for more information, please contact: julia.mcclung@gracealex.org or kemp.williams@gracealex.org.

### Attention Lectors

There is a sign-up sheet in the folder in the credenza for the post-Shrine Mont Pentecost season. Please sign up for several reading opportunities.

## This Week at Grace

### *The Prince of Egypt* – Saturday, August 6

Grace Church is hosting a second movie screening, this time of "The Prince of Egypt," on Saturday, August 6 at 5 pm in Merrow Hall Auditorium. If you are looking for an earlier time, a more family-friendly film, or simply a second chance to watch a film with Grace Church and friends, join us in the Auditorium! Once again the Newcomer and Evangelism Committee will provide popcorn and drinks. Please bring blankets, chairs, a picnic dinner if you like, and friends to enjoy a Grace Church movie night.

### Shrine Mont — Register soon!

#### And consider contributing to the scholarship fund!

Registrations are pouring in for this year's retreat, taking place September 9-11. Sign up soon to reserve your spot! The theme this year is "Count Your Blessings" — come to the sign up table, and tell us your favorite thing about Shrine Mont, and your memory may end up on this year's t-shirt! If you haven't been to Shrine Mont before, this is the year to check it out. The setting is gorgeous and nourishing; there are activities for everyone of all ages; and there are lots of opportunities to just sit on a porch and absorb the mountain air. There is no better way to get to know Grace. You can register [online](#) or in person at the coffee hour, and you can pay by check or with a credit card (online only). Please also consider making a contribution to the Shrine Mont scholarship fund, which you can also do by check or online (by adding a scholarship contribution to your "shopping cart"). If you have any questions, please talk to Ashby or Colin Rushing at the Shrine Mont table at coffee hour, or contact them at [ashby.rushing@gracealex.org](mailto:ashby.rushing@gracealex.org).

### From the Library

Books new to the library are *5 Love Languages: The Secret to Love That Lasts-Military Edition*, *Faith Rules-An Episcopal Manual* by Ian Markham, *Letters from Samaria-The Prose & Poetry of Louie Crew Clay*, *Listening Hearts-Discerning Call in Community*, *Strong in Heart: Biblical Men of Compassion*, and *A Widow's Prayer: Finding God's Grace in the Days Ahead*.

HYMN STORY: Michael #665

Herbert Howells is the composer of this hymn. He was a professor at the Royal College of Music in England for 60 years and he is best known as a musician and composer of religious music. "Michael" was his son's name; he died of polio at age 9. According to Howells' daughter, he was not a religious man but he loved the tradition of the church and the Bible as literature. His ashes are buried in Westminster Abbey.

If you want to know more about the background of the hymns we sing, the library has 6 books that will help: 101 Hymn Stories (783.9/OSB), Then Sings My Soul Vol. 1 and 2 (783.9/MOR 1 & 2), *Favorite Women Hymn*

*Writers (BIO/BC/HYMNS)*, *Christian Music: A Global History (780/DOW)* and *The Macmillan Book of Earliest Christian Hymns (780/CHU)*.

## Next Sunday August 7

### TNT "First Sundays" Brunch, August 7<sup>th</sup> at 11:30am

Are you in your twenties or thirties? Singles, couples, and families with children are invited to join us for brunch at "Los Tios" Tex-Mex restaurant (2615 Mt Vernon Ave, Alexandria.) after the 10 am service. Please contact the Rev. Leslie Steffensen ([assistant.lector@gracealex.com](mailto:assistant.lector@gracealex.com)) or Lucy Tschetter ([lucy.tschetter@gmail.com](mailto:lucy.tschetter@gmail.com)) for more information about this fellowship/ministry group.

## Upcoming Events

### 8-week Spousal Grief Support Group at Grace Church

This group will offer discussions in a small-group setting, focusing on symptoms of grief, ways to cope, ways to adjust to the loss, and hope for the future. It is facilitated by Anne Van Heyste Malouf, Msw. Meet at Grace each Saturday, October 1 - November 19, 2:00 pm - 4:00 pm. There is no charge, but registration is required. For information, please call Anne at [\(703\) 333-6963](tel:7033336963). Brought to you by the Grace Pastoral Care Committee and Capital Caring.

### Sign Up for Foyers Begins in August

Foyers signup will be available each Sunday in August and the first week in September for the 2016-2017 season in Merrow Hall Auditorium after the 10 am service. Foyers is a social opportunity to meet with fellow parishioners a total of four or five times between October and June for fellowship and a meal. This is a great opportunity to get to know the Grace Church family better. Please stop by and sign up even if you participated last year. You can also phone Phil /Sharon Hickok at 703 690-6740 or e-mail at [shickok1@cox.net](mailto:shickok1@cox.net).

## Help at Grace and Beyond

### Brown Bag Lunch Program – August 1 – 5

Thank you to all who have signed up to be servers and sandwich makers. If you forgot your sandwiches today, please contact Linda Waskowicz at [linda.waskowicz@gracealex.org](mailto:linda.waskowicz@gracealex.org) to let her know when you will put them in the Merrow Hall kitchen freezer. Our next week to fill this obligation is September 12 – 16, just after our return from the parish retreat at Shrine Mont.

### Alexandria City Public Schools 2016 Back to School Supply Drive

This summer, the Alexandria City Public Schools Family and Community Engagement Center is collecting backpacks and essential school supplies to help our division's highest need students start the school year off right! Grace has agreed to host one of their collection points. There is a gray container in the Commons to help them. Please consider taking advantage of the many back to school sales to donate school supplies whether it is notebooks, pens and pencils or even a backpack. Even small donations help children in need.

### Shrine Mont Cards

Off to college or moving to your next diplomatic assignment overseas? Help your Grace parish family stay in touch with you. Please add Grace Pastoral Care to your "To Do" List and make sure we have your destination (college, military or diplomatic assignment), as well as your mailing and email addresses. Send the information to either [pastoral.care@gracealex.org](mailto:pastoral.care@gracealex.org) or to [nancy.robinson@gracealex.org](mailto:nancy.robinson@gracealex.org).