

**GRACE EPISCOPAL CHURCH**  
3601 RUSSELL ROAD  
ALEXANDRIA, VIRGINIA 22305

**Clergy and Staff**

<i>Rector</i>	The Rev. Robert H. Malm rector@gracealex.org
<i>Assistant to the Rector</i>	The Rev. Leslie N. Steffensen assistant.rector@gracealex.org
<i>Assistant for Parish Life and Family Ministries</i>	The Rev. Elizabeth Locher family.ministries@gracealex.org
<i>Head of Grace Episcopal School</i>	Patti Culbreth pculbreth@graceschoolalex.org
<i>Director of Music</i>	Richard Newman, DMA music.director@gracealex.org
<i>Parish Administrator</i>	Amy Medrick parish.administrator@gracealex.org
<i>Financial Administrator</i>	Beth Calaman bookkeeper@gracealex.org
<i>Children's Chapel Coordinator</i>	Ruth Young
<i>Sexton</i>	Pedro Hernández

**Grace Church Vestry**

**Executive Committee**

<i>Senior Warden</i>	Bill Eckel
<i>Junior Warden</i>	Jeff Chiow
<i>Treasurer</i>	John Boris
<i>Register</i>	Bill Malone
<i>Member at Large</i>	Lorna Worley

<b>Class of 2016</b>	<b>Class of 2017</b>	<b>Class of 2018</b>
Jeffrey Chiow	John Boris	Rich Kelly
Lina Dobbs	Kelly Gable	Chris Rugaber
Bill Eckel	Jennifer Long	Jan Wolff
Bill Malone	Judy Willard	
Easter Thompson	Lorna Worley	

**To get in touch with us....**

Grace Church's clergy and staff are most easily accessible during normal office hours: 9:00 AM to 4:00 PM, Monday through Friday.  
Phone: 703/549-1980 • Fax: 703/549-2832  
E-mail: parish.administrator@gracealex.org  
On the web at www.gracealex.org



**August 14, 2016**

**Please Pray for**

**Parishioners.....** Mary, Michael, Jimmy, Joyce, Lisa, Michael, Dick, Martha, Easter, Renata, Sherryl, Cindy, Polly, Liz, Nate, Mary, Richard, Nora Lee

**Family and friends.....**, Tina, Carol, Matthew, Sherrel, Pepper, Jack, Cecilia, Tom, Jeanne, Spencer, Ella, Lori, Jennifer, Margaret, Joan, Rob, Richard, Denise, the Pasowitz family, John, Gayle, Bruce, Steve, Patty, Bobby, Caitlin, Bibsy, Wally and his family, Tina, Jack, Alicia, Megan, Dottie, Lavonia, Ruth, Sue, John, Ann, Rolf, Chris, Scott

**Requiescat in Pace ....** Petrona Muñoz, Lt. Col. Flando E. Jackson and all those killed in acts of terror and the wars around the world.

**Those serving in Afghanistan or Iraq and all others at risk, including** Alex Ford, Andy Lopez, Eric and Karen Coulson, Claire Eudy, Evan and Kim Cannell. Pray for healing for US troops wounded as casualties of war and their caregivers.

**Others who are overseas serving the Church or our nation, or studying, including** Maggie Eckel, Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, the Scudi family, Mike and Kim Bomberger, Chris, Maggie and Eddy Corlett, Virginia Robinson.

**Those travelling:** Leslie

**Those in assisted living:** Shirley, Jorge, Joan, Cheryl, Clare, Tom, Fr. Jack, Kathleen

**In the Anglican Cycle of Prayer:** The Anglican Church of Southern Africa and **The Most Revd Dr. Thabo Makgoba** Archbishop of Capetown and Primate of Southern Africa

**In the Diocese of Virginia:** Immanuel, King and Queen

**In the parish: Judy Willard,** Vestry chair of the Outreach Program, and the volunteers who care for the hungry, the homeless and the needy, both locally and in the wider world

**Those with August birthdays**

- 15 Bill Cummings, Cynthia Fors, Michelle Kozlak, Carl Seward
- 16 Rocky Gillette
- 17 Ana Hernandez, John Kendrick
- 19 Michael Anderson, Dylan Eustace
- 20 Callen Dubsy

**Welcome to Grace Church!**

Today, we celebrate the Holy Eucharist at 7:30 am and 5:00 pm; Choral Eucharist at 10:00 am in the church; and a 9:00 am Santa Eucharistia in the auditorium.

**Sunday, August 14**

8:30 am	Library open (8:30 to 12:30 pm) and during the week when the church is open
9:00 am	Children's Chapel for La Gracia Service
9:45 am	Childcare for children 6 weeks through 2 years (until 11:30 pm) — Nursery
9:50 am	Children's Chapel for children 3 years through kindergarten — St. Nicholas Room

**Monday, August 15**

8:30 am	Steve & Kate's Camp
1:00 pm	Food Pantry (until 3:00 pm)

**Tuesday, August 16**

8:30 am	Steve & Kate's Camp
10:00 am	Church Staff Meeting — St. Mark Room
1:00 pm	Food Pantry open (until 3:00 pm)
3:00 pm	Bulletin Insert deadline
6:30 pm	Holy Eucharist (with Prayers for Healing) — Lady Altar

**Wednesday, August 17**

7:00 am	Holy Eucharist — Lady Altar
8:30 am	Steve & Kate's Camp
8:00 pm	AA and Al-Anon — St. Luke and Auditorium

**Thursday, August 18**

8:30 am	Steve & Kate's Camp
12:15 pm	Holy Eucharist — Lady Altar

**Friday, August 19**

8:30 am	Steve & Kate's Camp
6:30 pm	Food Pantry open (until 7:30 pm)
8:30 pm	AA — Auditorium

**Saturday, August 20**

9:00 am	Altar Guild — Sacristy and Nave
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August 14, 2016

## Worship Notes

### Flowers on the Altar

The flowers on the Altar today are given to the glory of God by Nora Lee Henderson in loving memory of her brother Wayne Henderson and by Ruth and Bob Schrott in thanksgiving for the birth of Greg and Britta's son, Otto.

### Help us welcome visitors!

Throughout the summer, you may notice members of our parish stationed by the glass doors before the service, in the narthex after the service, and at the little white table in the auditorium during coffee hour welcoming guests and newcomers to our parish. This is the St. Andrew's Guild, and you are invited to join us! Every member of Grace Church is an honorary member of this guild and encouraged to greet and welcome visitors, but if you would like to join this focused ministry of identifying and welcoming visitors on Sunday mornings, please email [family.ministries@gracealex.org](mailto:family.ministries@gracealex.org) to contact Mother Elizabeth or speak to one of our members.

### Education for Ministry

Education for Ministry (EfM) is a unique four-year distance learning certificate program in theological education based upon small-group study and practice. EfM helps participants learn to discover and nurture their call to Christian service by exploring the Christian tradition and bringing it into conversation with their culture, their beliefs, and their personal experience. We meet on Monday nights from September through May to study, worship, and engage in theological reflection together. We are enrolling now for the 2016-17 class, and although it's a four-year program, you need only commit for one year at a time. If you've taken a break from EfM and are interested in returning to the program, or if you've never participated in EfM but think you might be interested, for more information, please contact: [julia.mcclung@gracealex.org](mailto:julia.mcclung@gracealex.org) or [kemp.williams@gracealex.org](mailto:kemp.williams@gracealex.org).

### Lector Sign Up

There are still opportunities to sign-up to be a lector during the post-Shrine Mont Pentecost season. There is a sign-up sheet in the folder in the credenza for the post-Shrine Mont Pentecost season. Please sign up for several reading opportunities.

## This Week at Grace

### Yoga on Hiatus

There will not be Yoga classes on Monday or Wednesday the week of August 14 through August 18. Classes will resume the following week.

### Sign Up for Foyers Begins in August

Foyers signup will be available each Sunday in August and the first week in September for the 2016-2017 season in Merrow Hall Auditorium after the 10 am service. Foyers is a social opportunity to meet with fellow parishioners a total of four or five times between October and June for fellowship and a meal. This is a great opportunity to get to know the Grace Church family better. Please stop by and sign up even if you participated last year. You can also phone Phil /Sharon Hickok at 703 690-6740 or e-mail at [shickok1@cox.net](mailto:shickok1@cox.net).

### From the Library

The Family (Marriage, Parenting & Relationships) books that are on display this month include: *Growing Up God's Way: A Guide for Getting Children Ready for School and Life From Birth On*, *Long Distance Grandmother: How to Stay Close to Distant Grandchildren*, *Lost and Found-Adolescence, Parenting, and the Formation of Faith*, *Remarried with Children: 10 Secrets for Successfully Blending and Extending Your Family and Teaching Your Children Values*.

## Next Week

### Youth Sponsor Retreat – Next Sunday, August 21st, 11:30 am -1 pm

All sponsors of 6th-12th grade youth are invited to our Youth Sponsor retreat next Sunday, August 21st, from 11:30 am—1 pm. Lunch will be provided! We will meet in the St. Mark room for prayer and preparation for the coming year.

## Upcoming Events

### 8-week Spousal Grief Support Group at Grace Church

This group will offer discussions in a small-group setting, focusing on symptoms of grief, ways to cope, ways to adjust to the loss, and hope for the future. It is facilitated by Anne Van Heyste Malouf, MSW. Meet at Grace each Saturday, October 1 - November 19, 2:00 pm - 4:00 pm. There is no charge, but registration is required. For information, please call Anne at (703) 333-6963. Brought to you by the Grace Pastoral Care Committee and Capital Caring.

## Shrine Mont Less than a Month Away

### Registration is ending soon! Have you registered?

In order to be registered for Shrine Mont, we need you to have filled out the registration form that is available online and have paid. We really hope that you'll be able to join us for this amazing retreat on September 9-11. The theme this year is "Count Your Blessings." If you haven't been to Shrine Mont before, this is the year to check it out. The setting is gorgeous and nourishing; there are tons of activities for everyone. There are also lots of opportunities to just sit on a porch and absorb the fresh mountain air. There is no better way to get to know Grace. You can register [online](#) or in person at the coffee hour, and you can pay by check or with a credit card (online only). If you have any questions, please talk to Ashby or Colin Rushing at the Shrine Mont table at coffee hour, or contact them at [ashby.rushing@gracealex.org](mailto:ashby.rushing@gracealex.org).

### Contribute to the Shrine Mont Scholarship fund!

Please also consider making a contribution to the Shrine Mont scholarship fund, which you can also do by check or online (by adding a scholarship contribution to your "shopping cart"). It is a great way to help someone who otherwise be able to join us feel as though they are part of our community.

### Shrine Mont T-Shirt

Come up to the Registration table at Coffee Hour and tell us your favorite thing about Shrine Mont, and your memory may end up on this year's t-shirt!

### Annual Rector's Golf Tournament at Shrine Mont

#### Friday, September 9th!

Please join us for the 26th Annual Rector's Golf Tournament at Shrine Mont! We will again be playing at Bryce Resort – Friday, September 9th, at 11:00 am. Why not sign-up a friend or coworker as a partner or maybe fill up an entire foursome with friends! Lots of participants come just for the day – you don't have to be signed up for the Shrine Mont weekend. Interested in playing? Contact Jay Legere at [jay.legere@gracealex.org](mailto:jay.legere@gracealex.org) or 703-548-2176.

### Shrine Mont Cards

Off to college or moving to your next diplomatic assignment overseas? Help your Grace parish family stay in touch with you. Please add Grace Pastoral Care to your "To Do" List and make sure we have your destination (college, military or diplomatic assignment), as well as your mailing and email addresses. Send the information to either [pastoral.care@gracealex.org](mailto:pastoral.care@gracealex.org) or to [nancy.robinson@gracealex.org](mailto:nancy.robinson@gracealex.org).

## Help at Grace and Beyond

### Meals on Wheels is looking for Volunteers (2 hours per month) and a New Coordinator!

Do you work flex Fridays, work from home, are a retiree or just want to help others? Meals on Wheels is an ideal way to serve others in our community! Meals on Wheels provides two healthy meals per day to Alexandria seniors who are unable to leave their homes to shop. As an Outreach ministry, Grace Episcopal Church provides volunteers to deliver six routes (approximately 70 meals) on the first Friday of each month. Did you know that Grace volunteers have been doing this since at least the mid '70s! Time commitment is about 2 hours once per month and a driver and runner are assigned to each route. If you would like to be part of this important and long-serving ministry as a Volunteer or Volunteer Coordinator, please contact Keller Smith at 571-623-5909 for more details.

### Saint Clement Movie Night, August 19 at 6:00

Our friends at the Church of Saint Clement have opened their doors for a free movie night to the community at large. On August 19, they will be showing *Howl's Moving Castle*. Doors open at 6:00 and the movie starts at 6:30. There will be limited concessions available for purchase.

### ALIVE! Needs Volunteers

Please join in and help with furniture pick-up and delivery for our neighbors in Alexandria whose lives will be uplifted! Volunteers are needed on Saturday mornings in August from 8:00 am – 12:00 pm. For more information and to sign-up, please call (703)837-9300 ext. 2 or email [volunteers@alive-inc.org](mailto:volunteers@alive-inc.org). It is a fun way to make (and see) a real difference in the lives of those who need our assistance.