

GRACE EPISCOPAL CHURCH

3601 RUSSELL ROAD
ALEXANDRIA, VIRGINIA 22305

Clergy and Staff

Rector	The Rev. Robert H. Malm rector@gracealex.org
Assistant to the Rector	The Rev. Leslie N. Steffensen assistant.rector@gracealex.org
Assistant for Parish Life and Family Ministries	The Rev. Elizabeth Locher family.ministries@gracealex.org
Head of Grace Episcopal School	Patti Culbreth pculbreth@graceschoolalex.org
Director of Music	Richard Newman, DMA music.director@gracealex.org
Parish Administrator	Amy Medrick parish.administrator@gracealex.org
Financial Administrator	Beth Calaman bookkeeper@gracealex.org
Children's Chapel Coordinator Sexton	Ruth Young Pedro Hernández

Grace Church Vestry

Executive Committee

Senior Warden	Bill Eckel
Junior Warden	Jeff Chiow
Treasurer	John Boris
Register	Bill Malone
Member at Large	Lorna Worley

Class of 2016	Class of 2017	Class of 2018
Jeffrey Chiow	John Boris	Rich Kelly
Lina Dobbs	Kelly Gable	Chris Rugaber
Bill Eckel	Jennifer Long	Jan Wolff
Bill Malone	Judy Willard	
Easter Thompson	Lorna Worley	

To get in touch with us....

Grace Church's clergy and staff are most easily accessible during normal office hours: 9:00 AM to 4:00 PM, Monday through Friday.

Phone: 703/549-1980 • Fax: 703/549-2832

E-mail: parish.administrator@gracealex.org
On the web at www.gracealex.org



August 21, 2016

Please Pray for

Parishioners..... Mary, Michael, Jimmy, Joyce, Lisa, Michael, Dick, Martha, Easter, Renata, Sherryl, Cindy, Polly, Liz, Nate, Mary, Nora Lee, Ashby

Family and friends....., Tina, Carol, Matthew, Sherrel, Pepper, Jack, Cecilia, Tom, Jeanne, Spencer, Ella, Lori, Jennifer, Margaret, Joan, Rob, Richard, Denise, the Pasowitz family, John, Gayle, Bruce, Steve, Patty, Bobby, Caitlin, Bibsy, Wally and his family, Tina, Jack, Alicia, Megan, Dottie, Lavonia, Ruth, Sue, John, Ann, Rolf, Chris, Scott, Larry, Sue, Cynthia

Requiescat in PaceStaff Sgt. Christopher A. Wilbur and all those killed in acts of terror and the wars around the world.

Those serving in Afghanistan or Iraq and all others at risk, including Alex Ford, Andy Lopez, Eric and Karen Coulson, Claire Eudy, Evan and Kim Cannell. Pray for healing for US troops wounded as casualties of war and their caregivers.

Others who are overseas serving the Church or our nation, or studying, including Maggie Eckel, Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, the Scudi family, Mike and Kim Bomberger, Chris, Maggie and Eddy Corlett, Virginia Robinson

Those in assisted living: Shirley, Jorge, Joan, Cheryl, Clare, Tom, Fr. Jack, Kathleen

In the Anglican Cycle of Prayer: The Anglican Church of South America and the **Most Revd Hector Zavala Muñoz** Presiding Bishop of the Anglican Church of South America and Bishop of Chile.

In the Diocese of Virginia: Wicomico, Wicomico Church

In the parish: Jan Wolff, Vestry chair of the Pastoral Care Program, and the volunteers who make pastoral calls, deliver flowers, and write cards; and prepare and deliver food and provide transportation to those recuperating from surgery, illnesses and accidents, and to families with new babies

Those with August birthdays

- 21 Sean Groves, Aidan Smith, Frank Waskowicz, Aidan White
- 22 Virginia Griffin, Kate Nider
- 23 Keith Giacomo
- 24 Heather Murphy
- 25 Neal Anderson, Hudson Chiow, David Hoppe, Mary Savino
- 26 Andrew Smith, Colin Stancil, Abigail Wells

Welcome to Grace Church!

Today, we celebrate the Holy Eucharist at 7:30 am and 5:00 pm; Choral Eucharist at 10:00 am in the church; and a 9:00 am Santa Eucharistia in the auditorium.

Sunday, August 21

8:30 am	Library open (8:30 to 12:30 pm) and during the week when the church is open
9:00 am	Children's Chapel for La Gracia Service
9:45 am	Childcare for children 6 weeks through 2 years (until 11:30 pm) — Nursery
9:50 am	Children's Chapel for children 3 years through kindergarten — St. Nicholas Room
11:30 am	Youth Sponsor Retreat — St. Mark
11:30 am	Rosary Group — Library

Monday, August 22

6:30 am	Strength and Flexibility
1:00 pm	Food Pantry (until 3:00 pm)

Tuesday, August 23

10:00 am	Church Staff Meeting — St. Mark Room
1:00 pm	Food Pantry open (until 3:00 pm)
3:00 pm	Bulletin Insert deadline
6:30 pm	Holy Eucharist (with Prayers for Healing) — Lady Altar

Wednesday, August 24

7:00 am	Holy Eucharist — Lady Altar
5:00 pm	Yoga
8:00 pm	AA and AI-Anon — St. Luke and Auditorium

Thursday, August 25

12:15 pm	Holy Eucharist — Lady Altar
----------	-----------------------------

Friday, August 26

6:30 pm	Food Pantry open (until 7:30 pm)
8:30 pm	AA — Auditorium

Saturday, August 27

9:00 am	Altar Guild — Sacristy and Nave
---------	---------------------------------

August 21, 2016

Worship Notes

Flowers on the Altar

The flowers on the Altar today are given to the glory of God and in thanksgiving for Frank Waskowicz by his family on his birthday today.

Help us welcome visitors!

Throughout the summer, you may notice members of our parish stationed by the glass doors before the service, in the narthex after the service, and at the little white table in the auditorium during coffee hour welcoming guests and newcomers to our parish. This is the St. Andrew's Guild, and you are invited to join us! Every member of Grace Church is an honorary member of this guild and encouraged to greet and welcome visitors, but if you would like to join this focused ministry of identifying and welcoming visitors on Sunday mornings, please email family.ministries@gracealex.org to contact Mother Elizabeth or speak to one of our members.

Lector Sign Up

There are still opportunities to sign-up to be a lector during the post-Shrine Mont Pentecost season. There is a sign-up sheet in the folder in the credenza for the post-Shrine Mont Pentecost season. Please sign up for several reading opportunities.

This Week at Grace

Youth Sponsor Retreat Today - 11:30-1 pm

All sponsors of 6 -12 grade youth are invited to our Youth Sponsor retreat today from 11:30 am-1 pm. Lunch will be provided! We will meet in the St. Mark room for prayer and preparation for the coming year.

Sign Up for Foyers in August

Foyers signup will be available each Sunday in August and the first week in September for the 2016-2017 season in Merrow Hall Auditorium after the 10 am service. Foyers is a social opportunity to meet with fellow parishioners a total of four or five times between October and June for fellowship and a meal. This is a great opportunity to get to know the Grace Church family better. Please stop by and sign up even if you participated last year. You can also phone Phil /Sharon Hickok at 703 690-6740 or e-mail at shickok1@cox.net.

From the Library

Christianity and Evolution, Redeeming Science, Calvin: Commentaries, Institutes of Christian Religion, Wesley for Armchair Theologians, John and Charles Wesley-Selected Writings and Hymns and biographies of St. John, John Cardinal Newman, John Donne, and John Wesley are on display.

Next Week

Food Pantry Appreciation Luncheon

The Grace Church Food Pantry invites Pantry volunteers past and present, as well as parishioners and friends who would be interested in volunteering at the Food Pantry to a brunch on Sunday, August 28th in the St. Mark's room after the 10 am service. Enjoy brunch and fellowship while you learn more about this important Outreach ministry. R.S.V.P. by August 21st to Khacki Berry (khacki.berry@gracealex.org) or Judy Willard (jd11willard@comcast.net) if you would like to attend.

Upcoming Events

Sunday School Teacher Retreat

Saturday, September 3, 9-11 am

All Sunday School teachers and substitutes for preschool through 5th grade students are invited to our Sunday School teacher retreat on Saturday, September 3, from 9-11 am. Breakfast will be provided! We will meet in the St. Mark room for prayer, training, and preparation for the coming year.

8-week Spousal Grief Support Group at Grace Church

This group will offer discussions in a small-group setting, focusing on symptoms of grief, ways to cope, ways to adjust to the loss, and hope for the future. It is facilitated by Anne Van Heyste Malouf, MSW. Meet at Grace each Saturday, October 1 through November 19, 2:00 pm - 4:00 pm. There is no charge, but registration is required. For information, please call Anne at (703) 333-6963. Brought to you by the Grace Pastoral Care Committee and Capital Caring.

Shrine Mont Less than a Month Away

Registration is ending soon! Have you registered?

In order to be registered for Shrine Mont, we need you to have filled out the registration form that is available online and have paid. We really hope that you'll be able to join us for this amazing weekend on September 9-11. The theme this year is "Count Your Blessings." If you haven't been to Shrine Mont before, this is the year to check it out. The setting is gorgeous and nourishing; there are tons of activities for everyone. There are also lots of opportunities to just sit on a porch and absorb the fresh mountain air. There is no better way to get to know Grace. You can register [online](#) or in person at the coffee hour, and you can pay by check or with a credit card (online only). If you have any questions, please talk to Ashby or Colin Rushing at the Shrine Mont table at coffee hour, or contact them at: ashby.rushing@gracealex.org.

Contribute to the Shrine Mont Scholarship fund!

Please also consider making a contribution to the Shrine Mont scholarship fund, which you can also do by check or online (by adding

a scholarship contribution to your "shopping cart"). It is a great way to help someone who otherwise be able to join us feel as though they are part of our community.

Shrine Mont T-Shirt

Come up to the Registration table at Coffee Hour and tell us your favorite thing about Shrine Mont, and your memory may end up on this year's t-shirt!

Annual Rector's Golf Tournament at Shrine Mont Friday, September 9th!

Please join us for the 26th Annual Rector's Golf Tournament at Shrine Mont! We will again be playing at Bryce Resort – Friday, September 9th, at 11:00 am. Why not sign-up a friend or coworker as a partner or maybe fill up an entire foursome with friends! Lots of participants come just for the day – you don't have to be signed up for the Shrine Mont weekend. Interested in playing? Contact Jay Legere at jay.legere@gracealex.org or 703-548-2176.

Shrine Mont Cards

Off to college or moving to your next diplomatic assignment overseas? Help your Grace parish family stay in touch with you. Please add Grace Pastoral Care to your "To Do" List and make sure we have your destination (college, military or diplomatic assignment), as well as your mailing and email addresses. Send the information to either pastoral.care@gracealex.org or to nancy.robinson@gracealex.org.

Help at Grace and Beyond

Meals on Wheels is looking for Volunteers (2 hours per month) and a New Coordinator!

Do you work flex Fridays, work from home, are a retiree or just want to help others? Meals on Wheels is an ideal way to serve others in our community! Meals on Wheels provides two healthy meals per day to Alexandria seniors who are unable to leave their homes to shop. As an Outreach ministry, Grace Episcopal Church provides volunteers to deliver six routes (approximately 70 meals) on the first Friday of each month. Did you know that Grace volunteers have been doing this since at least the mid '70s! Time commitment is about 2 hours once per month and a driver and runner are assigned to each route. If you would like to be part of this important and long-serving ministry as a Volunteer or Volunteer Coordinator, please contact Keller Smith at 571-623-5909 for more details.