

## **Please Pray For...**

**Parishioners...** Mary, Michael, Jimmy, Joyce, Lisa, Michael, Ismael, Martha, Jack, Easter, Dick, Sharon, Jane, Josie, Mary Jo, Chuck, Lisa

**Family and friends...** Tina, Sherrel, Pepper, Jack, Tom, Spencer, Ella, Lori, Jennifer, Margaret, Denise, John, Patty, Bobby, Caitlin, Bibsy, Wally and his family, Tina, Lavonia, John, Ann, Scott, Larry, Cynthia, Jack, Sarah, Meredith, Maria, Max, Shannon, Chris, Neal, Alec, Darrie, Alice, Rita, Wiley, Clare, Dick, Susan, Barbara, Cathy, Mary, Kim, Jim, Pat, Charles, Christine, Cameron, Kimberly, Gale, Dottie, Amy, Turner, Charlotte, Bob

**Requiescat in Pace ...** Bruce Brewer and all those killed in acts of terror and the wars around the world.

**Those serving in Afghanistan or Iraq and all others at risk, including,** Alex Ford, Andy Lopez, Eric and Karen Coulson. Pray for healing for US troops wounded as casualties of war and their caregivers.

**Others who are overseas serving the Church or our nation, or studying, including** Lit and Mary Carol Tazewell, Maggie Eckel, Andrew Boyd and Audra Kreger, Mike and Kim Bomberger, Chris, Maggie and Eddy Corlett, Virginia Robinson, the Pattarini family, Evan and Kim Cannell

**Those in assisted living:** Shirley, Jorge, Joan, Clare, Tom, Fr. Jack, Kathleen, Jim

**In the Anglican Cycle of Prayer:** Mbale – (Uganda) and **The Rt Revd Patrick Gidudu**

**In the Diocese of Virginia:** St. John the Baptist, Ivy; Christ Church, Middlesex.

**In the parish:** The work of the Virginia Theological Seminary and Seminarians **Jason Roberson** and **William Campbell**.

### **Those with birthdays this week:**

19 Valerie Fowler, Willa Johnson, Robby Schrum Jr., Roger Valdez

21 Taylor Ballenger, Mehdi Farzad, Christopher Stuard

22 Kathleen Arthur, Paige Medley, Liz Rugaber, Ethan Woodhead

23 Mia Giacomo, Benjamin Kupczyk, Easter Thompson

26 Lisa Doelp, Georgia Gillette, Wesley Winkler, Kathy Zucca

## **Today**

### **The Decalogue (Ten Commandments)**

We recite the Decalogue at our choral services for three Sundays in Lent. This has been part of Anglican worship since the 16<sup>th</sup> century. The 1928 BCP directed The Decalogue to be read at least one Sunday each month.

### **Easter Flowers**

Help decorate the church with beautiful Easter flowers. Forms and payment must be received by the office by Sunday, April 2<sup>nd</sup>. Checks must be made out to Grace Episcopal Church and have "Easter Flowers" in the memo line. Easter flowers are \$40.00.

## **Christian Formation Hour**

### **Adult Forum: Holy Land Pilgrimage Presentation -- Auditorium**

Did you know that there are Episcopalian Palestinians? Did you know that the Jordan River is neither deep nor wide nor chilly nor cold? All this and more, with a slide show, as Grace Church members describe their pilgrimage to the Holy Land.

**Inquirers Class:** This week's topic is Prayer. It will be led by Father Malm. It will meet in the St. Mark Room.

## **Special Lenten Service Activities in Sunday School**

Join your elementary-aged Sunday school classes for three weeks' worth of service projects during Lent.

- 3/19 - Making Easter cards for our homebound members
- 3/26 - Decorating pillowcases for the local homeless shelter
- 4/2 - We invite our parents to join us as we make fleece blankets for our local homeless shelter. Directions will be sent in our Wednesday RoundUp. Please email [jenni.faires@gracealex.org](mailto:jenni.faires@gracealex.org) if you are not receiving the weekly parent email and want to subscribe.

## **Easter Cards**

Grace Pastoral Care and the Card Ministry are preparing to sign Easter cards on Palm Sunday for college students, parishioners in the military and serving abroad, those preparing for Confirmation at the Easter Vigil, and parishioners on the prayer list. Please send any updates in status to [pastoral.care@gracealex.org](mailto:pastoral.care@gracealex.org) or [nancy.robinson@gracealex.org](mailto:nancy.robinson@gracealex.org). We also welcome any volunteers to help us set up on April 8.

## **This Week**

### **5 Marks of Love Lenten Series Monday, March 20, 2017**

Tomorrow begins week three of our Monday night Lenten series. Each week we examine and reflect on the ways in which God's Life and God's Mission express themselves in and through us. This week our speaker is The Rev. Betsy Gonzalez, Chaplain of The Episcopal High School, who will speak on the third of the 5 Marks of Love: "Tend".

6:30 p.m. Holy Eucharist

7:15 p.m. Altar Guild Sponsored Simple Supper

7:45 p.m. 5 Marks of Love "Tend" led by The Rev. Betsy Gonzalez

## **Next Week**

### **Adult Forum: Human Rights in El Salvador and Central America**

Join seminarian Jason Roberson on Sunday, March 26<sup>th</sup> to discuss gang-related violence, forced displacement, and human rights violations in El Salvador and the "Northern Triangle" of Central America. Jason will share pictures and reflections from his recent trip to El Salvador.

**Inquirers Class:** Next week's topic will be Holy Week Devotions. It will be led by Father Malm. It will meet in the St. Mark Room

### **Marcel Dupré's Le Chemin de la Croix, March 24 at 7:30 p.m.**

Join us for Le Chemin de la Croix by French organist-composer Marcel Dupré. The entire cycle will be played by organists Josh Boyd, Aaron Tan, Richard Newman, and Jeremy David Tarrant, with Claudel's poems read by Wendy Wilmer. Suggested donation at the door: \$10 (adults), \$5 (students and seniors)

### **5 Marks of Love Lenten Series Monday, March 27, 2017**

6:30 p.m. Holy Eucharist

7:15 p.m. Outreach Sponsored Simple Supper

7:45 p.m. 5 Marks of Love with Father Martin Smith, "Transform"

### **Upcoming Events**

#### **Save the Date**

The J2A Auction will be held April 22. This evening of fellowship and fun helps to fund this year's J2A pilgrimage to Italy.

#### **Helping at Grace and Beyond**

#### **Volunteers Needed – Alive Furniture Distribution, Saturday, April 8**

Grace Church will be joining other ALIVE volunteers to deliver donated furniture to families in need April 8 from 8:00 a.m. to 1:00 p.m. We will meet at the First Christian Church in Alexandria in the parking lot behind the church. Some heavy lifting is involved. If you would like to participate, please contact Jennifer Pease at [jennifer.pease@gracealex.org](mailto:jennifer.pease@gracealex.org).

#### **Meals on Wheels Volunteers Needed**

Volunteers are needed to support our commitment to Alexandria Meals on Wheels. Meals are delivered to seniors who are unable to leave their homes or have difficulty preparing meals. The time commitment is about two hours on the first Friday of the month, with two volunteers delivering meals on one of six routes. If you would like to participate in this important mission, please contact Mike Reed at 703-836-4550 or via email at [mike.reed@gracealex.org](mailto:mike.reed@gracealex.org).

## The Calendar for the Week

### **Sunday, March 19**

**The Third Sunday in Lent**

- 7:30 a.m. Holy Eucharist
- 9:00 a.m. Choral Eucharist (Children's Chapel available)
- 10:15 a.m. Adult Forum in the Auditorium  
Inquirers in the St. Mark Room
- 11:15 a.m. Choral Eucharist (Children's Chapel available)
- 5:00 p.m. Holy Eucharist

### **Monday, March 20**

**Saint Joseph (tr)**

#### **School Closed March 17-24**

- 1:00 p.m. Food Pantry open (until 3:00 p.m.)
- 6:30 p.m. Education for Ministry
- 6:30 p.m. Holy Eucharist
- 6:45 p.m. Simple Supper for Youth
- 7:00 p.m. Youth Confirmation Study
- 7:15 p.m. Lenten Simple Supper
- 7:45 p.m. 5 Marks of Love: "Tend"

### **Tuesday, March 21**

**Thomas Cranmer,  
Archbishop of Canterbury and Martyr, 1556**

- 1:00 p.m. Food Pantry open (until 3:00 p.m.)
- 4:15 p.m. Boys and Girls Choir Rehearsal
- 5:45 p.m. Confession
- 6:30 p.m. Holy Eucharist with Prayers for Healing – Lady Altar
- 7:00 p.m. Outreach Meeting – St. Mark Room

### **Wednesday, March 22**

**James De Koven, Priest, 1879**

- 7:30 a.m. Holy Eucharist — Lady Altar
- 7:00 p.m. AA District One – St. John Room
- 8:00 p.m. AA and Al-Anon — St. Mark Room and Auditorium

### **Thursday, March 23**

**The Anunciation (tr)**

- 12:15 p.m. Holy Eucharist — Lady Altar
- 4:15 p.m. Boys and Girls Choir Rehearsal
- 6:45 p.m. Handbell Choir
- 7:30 p.m. Adult Choir

### **Friday, March 24**

**Óscar Romero and the Martyrs of El Salvador**

- 11:30 a.m. Confession
- 12:15 p.m. Holy Eucharist with Stations of the Cross
- 6:30 p.m. Food Pantry
- 7:30 p.m. Marcel Dupré's Le Chemin de la Croix Concert
- 8:30 p.m. AA — Auditorium

### **Saturday, March 25**

- 9:00 a.m. Altar Guild – Sacristy and Nave