

## **Please Pray For...**

**Parishioners...** Thomas, Patti, Ruth, Joseph, Michael, Jack, Richard, Joyce, Julie, Michelle, Neal, Bette, Dennis

**Family and friends...** Pepper, Cathy, Martha, Amy, Sherril, Christie, Howard, Neal, Alice, Tammi, Dutch, Adam, Kimberly, Julie, Hans, Earling, Michael, Alec, Jeanne-Marie

**Requiescat in Pace** ... all those killed in acts of terror and war around the world.

**Those serving in Afghanistan or Iraq and all others at risk:** Pray for healing for US troops wounded as casualties of war and their caregivers.

**Others who are overseas serving the Church or our nation, or studying, including** Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, Chris and Maggie Corlett, Virginia Robinson, the Pattarini family, Evan and Kim Cannell.

**Those in assisted living:** Jorge, Joan, Clare, Tom, Fr. Jack, Kathleen, Jim, Dabney, Dorothy, Margaret, Lew, Rose

**Those travelling:** Brad and June

**The Anglican Prayer Cycle:** Iglesia Anglicana de la Region Central de America **The Most Revd Sturdie Downs** Primate of IARCA & Bishop of Nicaragua.

**The Diocese of Virginia Prayer Cycle:** Grace, The Plains; St. Philip's, Richmond; St. Barnabas', Annandale.

**Grace Episcopal Church Prayer Cycle:** The Clergy of Grace Church: The Rev. Robert H. Malm, The Rev. Fanny Belanger.

### **Those with birthdays this week:**

25 Kerrigan O'Malley, Graham Borgia

26 Evan Iazzetta, Betty Jones, Jay Burgess, Joe Washington

27 Sidonie Gillette

28 Elizabeth Dorton, Willem Egaas

1 Eugene Alford, Yanira Rodriguez, Peter Zuidema

2 Katherine Greene, Geraldine Palacios Cortez, Olivia Roe, Kemp Williams

3 Beau Grimes, Vi Legere, Cindy MacIntyre, Alice Russell, Tyler Smith, Charles Spencer, Jonathan Wolcott

*Contact the Parish Office with your prayer requests or submit them on the website at:*

*<https://www.gracealex.org/worship/personal-worship/>. Requests will be removed after 4 weeks unless renewed.*

## **Today**

### **The Decalogue (Ten Commandments)**

We recite The Decalogue at our choral services for three Sundays in Lent. This has been part of Anglican worship since the 16th century. The 1928 BCP directed The Decalogue to be read at least one Sunday each month.

### **Christian Education Hour**

#### **Adult Forum – Starts today with The Seekers**

Join us for part one of a four-part video series entitled Belief. Witness stories from around the world united by one of the most basic human needs – a desire to find purpose and meaning in our lives.

#### **Inquirers' Class**

Father Malm will be taking the Inquirers on a tour of the Church. Please meet in the Nave at 10:15 a.m.

## **Easter Flowers**

Help decorate the church with beautiful Easter flowers. Forms and payment must be received by the office by **Sunday, March 11**. Checks must be made out to Grace Episcopal Church and have "Easter Flowers" in the memo line. Easter flowers are \$50.00.

## **Confession**

Father Malm and Mother Belanger will be available for private confession on Tuesday evenings from 5:45 – 6:15 p.m., Friday mornings from 11:30 a.m. – 12:00 p.m., and by appointment.

## **Host a Seminarian**

Grace Church is glad to welcome a new seminarian: Patrick will be with us from the beginning of June to mid-August. A student at Yale, he lives in CT and so he is in need of a place to stay during his internship. Please contact Mother Belanger if you can provide accommodation for the whole period or even for a few weeks.

## **Grace Legacy Society**

Merriam-Webster reminds us that the word legacy has multiple definitions. We transmit our legacy to family and friends and future generations by the way we live our lives. The qualities of character, the Christian faith that informs our actions, our personalities – all will be the legacy that lives in the next generation. We also have the opportunity to leave a legacy of generosity to the next generation in the form of bequests and planned giving. How we live day by day, and how we are generous in planning for the future define legacy.

## **This Week**

### **Monday Night Lenten Series**

Tomorrow night, February 26, we welcome Noelle York-Simmons, Rector of Christ Church. Rev. York-Simmons will be speaking on the topic "Close to My Father's Heart", the topic of week three in our Lenten study, Meeting Jesus in the Gospel of John. The evening will begin with a service in the Nave at 6:30 pm followed by a Simple Supper in Merrow Hall Auditorium provided by the Outreach Committee. The speaker will begin at approximately 7:45 pm.

- March 5 I Have Called You Friend (Robert Heaney)
- March 12 Abide in Me (Martin Smith)
- March 19 We Declare to You (Jim Mathes)

## **Next Week**

### **Christian Education Hour**

#### **Adult Forum: Love's Story**

Journey around the world in search of what it means to love one another and to honor one of the most sacred teachings - love your enemies.

March 11 Acts of Faith

March 18 God Help Us

#### **Inquirers' Class**

Father Malm will be exploring the Holy Week devotions.

#### **Holy Communion Series**

Beginning March 4, the families and children of Grace will begin a three-part series on Holy Communion.

March 4 - Parents will have the opportunity to meet and discuss their role in teaching about the Eucharist at home while our Sunday school classes will be meeting with Seminarian William Campbell for a discussion of worship that will have a focus on the Eucharist.

## **Youth Night**

Our monthly Sunday night Youth Nights will resume March 4 from 5:30-8:00. All 6th-12th graders are invited to attend.

## **Upcoming Events**

### **First Brown Bag Lunch alert**

Our only opportunity during Lent to serve those less fortunate at Meade Memorial will be the week of March 13 - 16. St. Stephens and St. Agnes are serving several Mondays this spring. Check the Outreach bulletin board for the sign-up notice and instructions for serving or making sandwiches. If you want to volunteer, you can e-mail [linda.waskowicz@gacealex.org](mailto:linda.waskowicz@gacealex.org).

### **Holy Communion Series**

March 11- Father Malm will meet with parents and children in the Nave during the Christian Ed hour to talk about the Eucharist in a church setting.

March 18 - The 9:00 service will be an instructed Eucharist, bringing full circle the teachings of the previous two weeks.

### **Prevention of Misconduct and Abuse Training**

On Saturday, March 17, Grace will host a Prevention of Misconduct and Abuse training for all those serving in Christian Education or an in-home ministry. If you have an interest in teaching Sunday school in the fall or training as a LEM who serves home communion, this would be a great opportunity to take the required training. For more information, please contact Jenni at [jenni.faires@gacealex.org](mailto:jenni.faires@gacealex.org).

## **In our Community**

### **Volunteers for Community Lodgings Tutoring Program**

The program targets children who are most in need of support. It will ideally have a ratio of 5 volunteers for the 20 students. The program provides opportunities for fun use of their developing English skills, as well as assistance with homework and extra targeted work. It runs Monday-Thursday from 2:45-6 p.m., but we need volunteers mainly for 2:30 - 4 p.m. For more information, contact Sarah Foote [sfoote@community-lodgings.org](mailto:sfoote@community-lodgings.org).

## Calendar for February 25 - March 3

### **Sunday**

7:30 a.m. Holy Eucharist  
9:00 a.m. Choral Eucharist, La Eucharista  
10:15 a.m. Inquirers' Class (Nave)  
10:15 a.m. Adult Forum (St. John)  
11:15 a.m. Choral Eucharist  
12:30 p.m. Mother Belanger Lay Committee (Library)  
5:00 p.m. Holy Eucharist  
6:00 p.m. COHI (St. Mark Room)

### **Second Sunday in Lent**

### **Monday**

6:30 p.m. Education for Ministry (St. Mark Room)  
6:30 p.m. Holy Eucharist  
7:00 p.m. GES School Board (St. Luke Room)  
7:00 p.m. Simple Supper hosted by Outreach  
7:45 p.m. Close to the Father's Heart with  
Noelle York-Simmons

### **John and Charles Wesley**

### **Tuesday**

1:00 p.m. Food Pantry open (until 3:00 p.m.)  
4:00 p.m. New Chorister Practice  
5:00 p.m. Advanced Chorister Practice  
5:45 p.m. Private Confession  
6:30 p.m. Holy Eucharist  
7:00 p.m. Outreach (St. Mark Room)

### **Wednesday**

7:30 a.m. Holy Eucharist  
4:00 p.m. Chorister Practice  
7:00 p.m. AA – St. Luke Room  
8:00 p.m. AA/Alanon (Auditorium and St. Luke Room)

### **Thursday**

12:15 p.m. Holy Eucharist  
6:45 p.m. Handbell Choir Practice  
7:30 p.m. Adult Choir Practice

### **Friday**

9:00 a.m. GES Chapel  
11:30 a.m. Private Confessions  
12:15 p.m. Stations of the Cross with Holy Eucharist  
6:30 p.m. Food Pantry open (until 7:30)  
7:00 p.m. La Gracia Lenten Meditation Service (Nave and St. Luke)  
8:30 p.m. AA (St. Mark Room)

### **Saturday**

9:00 a.m. Altar Guild