

## **Please Pray For...**

**Parishioners...** Thomas, Patti, Ruth, Joseph, Michael, Jack, Richard, Rose, Joyce, Julie, Michelle, Neal

**Family and friends...** Pepper, Cathy, Martha, Amy, Tina, Cathie, Eileen, Alec, Sherril, Grant, Henry, Olga, Christie, Howard, Neal, Alice, Tammi, Dutch, Adam, Kimberly, Julie, Hans

**Requiescat in Pace ...** the victims of the Marjory Stoneman Douglas school shooting and all those killed in acts of terror and war around the world.

**Those serving in Afghanistan or Iraq and all others at risk:** Pray for healing for US troops wounded as casualties of war and their caregivers.

**Others who are overseas serving the Church or our nation, or studying, including** Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, Chris and Maggie Corlett, Virginia Robinson, the Pattarini family, Evan and Kim Cannell.

**Those in assisted living:** Jorge, Joan, Clare, Tom, Fr. Jack, Kathleen, Jim, Dabney, Dorothy, Margaret, Lew, Rose

**The Anglican Prayer Cycle:** The Church of the Province of Central Africa, **The Most Revd Albert Chama** Archbishop of Central Africa & Bishop of Northern Zambia.

**The Diocese of Virginia Prayer Cycle:** St. Peter's in the Woods, Fairfax Station; Aquia, Stafford.

**Grace Episcopal Church Prayer Cycle:** The Sexton and the school's Facilities Management team who take care of our building: Pedro and Bernarda Hernandez, Craig Lawlor, Alberto and Rosa Contreras, Orlando Lemus and Amorita Quintanilla.

### **Those with birthdays this week:**

- 18 Ashley Deleyiannis
- 19 Elizabeth Nystrom, Mary Toler, Ashley Spencer
- 20 Ella Negley, Sophia Vassallo, Audrey Slattery
- 21 Pamela Valenzuela, Anne McFadden, Seamus White
- 22 Jean Goodson, Gemma Pianesi, Andrew Lorentz
- 23 Jack Herring, Nancy Robinson, Evan Robinson,  
James Holloway, Claudine Donovan, Lauren Gustafson,  
Raphael Sanchez
- 24 Renee Rutkowski, Carole Guzzetta, Connor Murphy

*Contact the Parish Office with your prayer requests or submit them on the website at:*

<https://www.gracealex.org/worship/personal-worship/>. *Requests will be removed after 4 weeks unless renewed.*

## **Today**

### **The Great Litany**

The litany, as a form of corporate prayer, has been used in the liturgies of the Church since the 4<sup>th</sup> century. In 1544, the first litany was published in English, written by Archbishop Thomas Cranmer. Each *Book of Common Prayer* has included some version of the litany. We normally say or sing the Great Litany the First Sunday in Lent.

### **The Decalogue (Ten Commandments)**

We recite the Decalogue at our choral services for the first three Sundays in Lent. This has been part of Anglican worship since the 16th century. The 1928 BCP directed The Decalogue to be read at least one Sunday each month.

### **Easter Flowers**

Help decorate the church with beautiful Easter flowers. Forms and payment must be received by the office by Sunday, March 11. Checks must be made out to Grace Episcopal Church and have "Easter Flowers" in the memo line. Easter flowers are \$50.00.

## **Confession**

Father Malm and Mother Belanger will be available for private confession on Tuesday evenings from 5:45 – 6:15 p.m., Friday mornings from 11:30 a.m. – 12:00 p.m., and by appointment.

## **Christian Education Hour**

### **Adult Forum (St. John Room)**

There will not be an Adult Forum or Christian Education class on Sunday, February 18 due to the holiday weekend. Join us for a Fellowship Coffee Hour in Merrow Hall Auditorium.

### **Inquirers' Class (Library)**

The class will meet on Sunday, February 18 to discuss the Oxford Movement and its lasting influence.

## **Rosary Group — 12:50 p.m.**

The Rosary group meets today (and the third Sunday of every month) for praying the Rosary at 12:50 p.m. following the 11:15 a.m. service. Free Rosaries and instructions will be provided; and all are invited to attend – from the newbie to the seasoned pray-er of the Rosary's Mysteries. Come and learn about this age-old devotion and meditation that is prayed around the world.

## **This Week**

### **Monday Night Lenten Series**

Tomorrow night, February 19, we welcome Lisa Kimbell, Director of the Center for Ministry and Teaching (CMT) at Virginia Theological Seminary. Lisa will have a unique perspective on our topic, The Word Made Flesh, as she is one of the collaborators in the writing of the Lenten study. The evening will begin with a service in the Nave at 6:30 p.m. followed by a Simple Supper in the Auditorium provided by the Vestry. Lisa will begin her presentation at approximately 7:45 p.m.

- February 19 The Word Made Flesh (Lisa Kimbell)
- February 26 Close to the Father's Heart (Noelle York-Simmons)
- March 5 I Have Called You Friend (Robert Heaney)
- March 12 Abide in Me (Martin Smith)
- March 19 We Declare to You (Jim Mathes)

### **Bishop Suffragan Listening Session, February 18 at 2:00 p.m.**

The Diocese has asked the Regional Deans and Presidents to schedule "listening sessions" in their regions to provide an opportunity for the people of the Diocese to gather and share their thoughts and ideas regarding the future of the Diocese and what we seek in a second Bishop Suffragan. The listening session for the Alexandria Region is scheduled for Sunday, February 18 at 2:00 p.m. at Emmanuel Episcopal Church, 1608 Russell Road, Alexandria, VA. The session will last for no more than two hours. All members of the eight Episcopal churches in Alexandria are invited. Parking will be limited, so carpooling is encouraged. If you have any questions, contact June Huber, Regional President, at [june.huber@gracealex.org](mailto:june.huber@gracealex.org).

### **Quiet Service in the Narthex, February 21**

Please join us for a quiet service on Wednesday evening in the Narthex at 7 p.m. Inspired by our experiences on retreat at the monastery of the Society of Saint John the Evangelist, this service offers an opportunity for quiet reflection and devotions. This short service will be followed by discussion and sharing. If you loved the SSJE experience or simply seek a contemplative worship service, this is one to try.

## **Next Week**

## **Christian Education Hour**

### **Adult Forum - Beginning February 25**

Join us for part one of a four-part video series entitled Belief. Belief is a ground-breaking series exploring humankind's ongoing search to connect with something greater than ourselves. It invites viewers to witness some of the world's most fascinating religious and spiritual journeys through the eyes of believers.

Traveling to the far reaches of the world, and to places cameras have rarely been, these stories will all lead us to ask: "What do you believe?"

February 25 The Seekers

March 4 Love's Story

March 11 Acts of Faith

March 18 God Help Us

### **Inquirers' Class**

Father Malm will be taking the Inquirers on a tour of the Church.

### **Upcoming Events**

#### **Holy Communion Series**

Beginning March 4, the families and children of Grace will begin a three-part series on Holy Communion.

March 4 - Parents will have the opportunity to meet and discuss their role in teaching about the Eucharist at home while our Sunday school classes will be meeting with Seminarian William Campbell for a discussion of worship that will have a focus on the Eucharist.

March 11- Father Malm will meet with parents and children in the Nave during the Christian Ed hour to talk about the Eucharist in a church setting.

March 18 - The 9:00 service will be an instructed Eucharist, bringing full circle the teachings of the previous two weeks.

#### **Prevention of Misconduct and Abuse Training**

On Saturday, March 17, Grace will host a Prevention of Misconduct and Abuse training for all those serving in Christian Education or an in-home ministry. If you have an interest in teaching Sunday school in the fall or training as a LEM who serves home communion, this would be a great opportunity to take the required training. For more information, please contact Jenni at [jenni.faires@gracealex.org](mailto:jenni.faires@gracealex.org).

### **In our Community**

#### **Shrine Mont Camps**

Registration for Shrine Mont Camps is now open. Early Bird rates last until February 28. For more information, visit [www.shrinemontcamps.net](http://www.shrinemontcamps.net).

#### **Applications for the 2018-2019 School Year**

Grace Episcopal School is accepting applications for Kindergarten through Fifth Grade, as well as the early childhood program, for the 2018-2019 school year. Before and after care and enrichment clubs are available. For more information, visit our website at [www.GraceSchoolAlex.org](http://www.GraceSchoolAlex.org) or call 703-549-5067.

#### **VOICE Affordable Housing Tour**

**February 24, 10:00 – 1:00 p.m.**

We will be touring the next ARHA properties scheduled for redevelopment (Ramsey, Adkins,) and two potential affordable housing sites owned by Metro - Royal Street Bus Barn, Braddock Rd Station. Build relationships with neighbors and housing advocates while learning more about the Church of the Resurrection Affordable Housing project. For more information, contact Jennifer Eckel at [Jennifer.eckel@gracealex.org](mailto:Jennifer.eckel@gracealex.org).

#### **Volunteers for Community Lodgings Tutoring Program**

The program targets children who are most in need of support. It will ideally have a ratio of 5 volunteers for the 20 students. The program provides opportunities for fun use of their developing English skills, as well as assistance with homework and extra targeted work. It runs Monday-Thursday from 2:45-6 p.m., but we need volunteers mainly for 2:30 - 4 p.m. For more information, contact Sarah Foote [sfoote@community-lodgings.org](mailto:sfoote@community-lodgings.org).

## **Lenten Resources**

Lenten devotionals are available. All of the following materials, with the exception of online resources, are available at coffee hour locations and outside the 2nd floor elevator

### **Adults**

#### **Meeting Jesus in the Gospel of John**

The companion piece to the Monday night Lenten series is a six-week offering of prayer and reflection. The journal includes weekly suggestions for prayer and daily scripture and themes to consider. In addition to the journal, daily reflection videos by the Brothers of Saint John the Evangelist can be found at [www.meetingjesusgospelofjohn.org](http://www.meetingjesusgospelofjohn.org)

#### **Lent: A New Beginning**

Spiritual Reflections by Pope Francis touch on the many dimensions of our personal conversion to Christ and to his example of boundless mercy and loving service. Each day, as we connect God's Word with the Pope's helpful guidance, we can consider what we can do now to follow Jesus more closely. Thus our experience of conversion will grow as the Holy Spirit works within us to draw us into the mystery of God's love and God's desire to give us new life. - Steve Mueller, Editor

#### **Draw Near to God**

When Jesus' disciples were worn out from their ministry and burdened by the cares of their discipleship, Jesus invited them to come to him, to go apart from the crowds and the hustle-bustle of their daily lives and to rest and refresh themselves. Lent is our time to do the same. We can take the opportunity during this holy season to draw near once again to Jesus through our prayers, our engagement with the Scriptures, our Lenten fasting and abstinence and other practices that draw us closer to Jesus and deepen our commitment to him and his desire to build God's kingdom of justice and peace for all in our world today. As we turn once again to God this Lent, we will be invigorated and empowered through the power of God's Holy Spirit working in and through us. Now is the time to "draw near to God and God will draw near to us" (James 4:8) - Steve Mueller, Editor

#### **The Good Book Club**

The Good Book Club is an invitation to all Episcopalians to join in reading the Gospel of Luke and the Book of Acts during Lent-Easter 2018. Led by Forward Movement, The Good Book Club will begin today and continue through Easter. An introduction by Bishop Curry can be found at [goodbookclub.org](http://goodbookclub.org) as well as a link to a reading schedule. There is also a Facebook page, The Good Book Club that you can join for additional resources.

### **Families with Children**

**Our Lenten Journey: Exploring the Mysteries of Our Faith** is a Lenten devotional for kids that helps to unravel the parts of our faith that seem most confusing. With puzzles, activities, and journaling, it is the perfect opportunity for elementary-aged children to independently begin a Lenten routine.

**Forty Footsteps for Forty Days** is a day by day journey through Lent most appropriate for younger children with parental guidance. Enjoy spending time learning about the words familiar in the Lenten journey, having conversations about your faith and even opening the Bible to read small passages. Younger children will have the beginnings of a solid foundation as we move into the Easter season.

The Good Book Club and Forma (the education group of the Episcopal Church) has developed an online **Weekly Faith-at-Home for Families** series for Lent. Links and information can be found at <https://www.forma.church/good-book-club/>. Jenni will be sharing these each week in the Weekly Round Up, if you would like to follow along.

## Calendar for February 18-24

### **Sunday**

7:30 a.m. Holy Eucharist  
9:00 a.m. Choral Eucharist, La Eucharista  
10:15 a.m. Inquirers' Class (Library)  
10:15 a.m. William Campbell Lay Committee (St. John Room)  
10:15 a.m. La Gracia Consejo (St. Mark Room)  
11:15 a.m. Choral Eucharist  
12:30 p.m. Rosary Group (Library)  
5:00 p.m. Holy Eucharist

### **Monday**

**St. Matthias the Apostle (trs)**  
**Office, Food Pantry and School Closed**  
6:00 p.m. Education for Ministry (St. Mark Room)  
6:30 p.m. Holy Eucharist  
7:00 p.m. Simple Supper  
7:00 p.m. The Word Made Flesh (Lisa Kimbell)

### **Tuesday**

7:45 a.m. School Board Meeting (Library)  
1:00 p.m. Food Pantry open (until 3:00 p.m.)  
4:00 p.m. New Chorister Practice  
5:00 p.m. Advanced Chorister Practice  
5:45 p.m. Private Confession  
6:30 p.m. Holy Eucharist  
7:00 p.m. Vestry Meeting (Auditorium)

### **Wednesday**

**John Henry Newman, 1890**  
7:30 a.m. Holy Eucharist  
4:00 p.m. Chorister Practice  
7:00 p.m. Girl Scouts (St. Mark)  
7:00 p.m. AA – St. Luke Room  
8:00 p.m. AA/Alanon (Auditorium and St. Luke Room)

### **Thursday**

12:15 p.m. Holy Eucharist  
6:45 p.m. Handbell Choir Practice  
7:30 p.m. Adult Choir Practice

### **Friday**

**Polycarp, 156**  
11:30 a.m. Private Confessions  
12:15 p.m. Stations of the Cross with Holy Eucharist  
6:30 p.m. Food Pantry open (until 7:30)  
7:00 p.m. La Gracia Lenten Meditation Service (Auditorium)  
8:30 p.m. AA (St. Mark Room)

### **Saturday**

9:00 a.m. Altar Guild  
5:00 p.m. GESPA Dinner  
5:30 p.m. GESPA Bingo