

Friday

9:00 a.m. GES Eucharist
11:30 a.m. Private Confessions
12:15 p.m. Stations of the Cross with Holy Eucharist
6:30 p.m. Food Pantry open (until 7:30)
7:00 p.m. La Gracia Lenten Meditation Service
(Nave and St. Mark)
8:30 p.m. AA (St. Mark)

Saturday

9:00 a.m. Altar Guild



Please Pray For...

Parishioners... Thomas, Patti, Ruth, Joseph, Michael, Richard, Joyce, Julie, Michelle, Neal, Bette, Dennis

Family and friends... Pepper, Cathy, Martha, Amy, Sherril, Christie, Howard, Neal, Alice, Tammi, Dutch, Adam, Kimberly, Julie, Hans, Earling, Michael, Alec, Jeanne-Marie, Erin, Beth, Lois, Monica, Carol

Requiescat in Pace ... Jack Hamilton and all those killed in acts of terror and war around the world.

Those serving in Afghanistan or Iraq and all others at risk: Pray for healing for US troops wounded as casualties of war and their caregivers.

Others who are overseas serving the Church or our nation, or studying, including Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, Chris and Maggie Corlett, Virginia Robinson, the Pattarini family, Evan and Kim Cannell.

Those in assisted living: Jorge, Joan, Clare, Tom, Fr. Jack, Kathleen, Jim, Dabney, Dorothy, Margaret, Lew, Rose

Those travelling: Lynn, Vylma

The Anglican Prayer Cycle: The Anglican Church of Burundi
The Most Revd Martin Nyaboho, Archbishop of Burundi & Bishop of Makamba

The Diocese of Virginia Prayer Cycle: Church of the Spirit in Kingstowne and our bishops as they gather at the House of Bishops.

Grace Episcopal Church Prayer Cycle: The Administrative and Pastoral Lay Staff of Grace Church: **Beth Calaman, Jenni Faires, Amy Medrick**, and the volunteers that staff the Parish Office.

Those with birthdays this week:

- 4 A. J. Nannini
- 5 Reyna Avelar
- 6 McLean Kelley
- 7 Chuck Dodd, Patsy Mandley, Jack Weise
- 8 Emma Lundgren
- 9 Mason Brauer, Scott Knudsen, Charlotte Noren, Gregory Ruff
- 10 Haiden Harvey, Sarah Martin, Anabel Rodriguez, Lynn Rohrs, Heather Wishart-Smith

Contact the Parish Office with your prayer requests or submit them on the website at: <https://www.gracealex.org/worship/personal-worship/>. Requests will be removed after 4 weeks unless renewed.

Today

The Decalogue (Ten Commandments)

We recite The Decalogue at our choral services for three Sundays in Lent. This has been part of Anglican worship since the 16th century. The 1928 BCP directed The Decalogue to be read at least one Sunday each month.

Christian Education Hour

Adult Forum: Love's Story

Journey around the world in search of what it means to love one another and to honor one of the most sacred teachings - love your enemies.

March 11 Acts of Faith

March 18 God Help Us

Inquirers' Class

This week, the class will explore the Holy Week devotions.

Parent Forum: Holy Communion Series

The families and children of Grace will begin a three-part series on Holy Communion. Today's session will give parents the opportunity to meet and discuss their role in teaching about the Eucharist at home while our Sunday school classes will be meeting with Seminarian William

Calendar for March 4 - March 10

Sunday

7:30 a.m.

9:00 a.m.

10:15 a.m.

10:15 a.m.

10:15 a.m.

11:15 a.m.

5:00 p.m.

5:30 p.m.

Monday

6:30 p.m.

6:30 p.m.

7:00 p.m.

7:00 p.m.

7:45 p.m.

Tuesday

1:00 p.m.

4:00 p.m.

5:00 p.m.

5:45 p.m.

6:30 p.m.

7:00 p.m.

Wednesday

7:30 a.m.

4:00 p.m.

7:00 p.m.

7:00 p.m.

7:00 p.m.

8:00 p.m.

Thursday

12:15 p.m.

6:45 p.m.

7:30 p.m.

Third Sunday in Lent

Holy Eucharist

Choral Eucharist, La Eucharista

Inquirers' Class (Library)

Adult Forum (St. John)

Parent Forum (St. Mark)

Choral Eucharist

Holy Eucharist

Youth Night (Auditorium)

Gregory, c. 394

Education for Ministry (St. Mark)

Holy Eucharist

Girl Scouts (Library)

Simple Supper hosted by the Altar Guild (Auditorium)

I Have Called You Friend with Robert Heaney

Food Pantry open (until 3:00 p.m.)

New Chorister Practice

Advanced Chorister Practice

Private Confession

Holy Eucharist

Executive Meeting (Library)

Holy Eucharist

Chorister Practice

AA (St. Luke)

Mather Lay Committee (Library)

Grace Trust Meeting (St. Mark)

AA/Alanon (Auditorium and St. Luke)

Holy Eucharist

Handbell Choir Practice

Adult Choir Practice

EASTER FLOWER REQUEST



You are invited to participate in decorating the church with beautiful Easter flowers. Please complete this form and return it with a check for **\$50.00** to the parish office or place it in the Sunday offering. Make your check payable to Grace Episcopal Church and write “Easter Flowers” on the memo line. Please return your form and check no later than Sunday, March 11. Please call me if you have any questions.

Lisa Doelp, Flower Chair (703) 239-1302

Please circle one:

“in loving memory of” or “in thanksgiving for”

Please print **the rest of your message** exactly the way you would like it to appear in the Easter bulletin.

Given by (enter **the name or names of the donors** exactly as you want them to appear):

Envelope Number: _____

Campbell for a discussion of worship that will have a focus on the Eucharist.

Youth Night, Tonight in the Auditorium

Our monthly Sunday night Youth Nights will resume March 4 from 5:30-8:00. All 6th-12th graders are invited to attend.

Easter Flowers

Help decorate the church with beautiful Easter flowers. Forms and payment must be received by the office by **Sunday, March 11**. Checks must be made out to Grace Episcopal Church and have “Easter Flowers” in the memo line. Easter flowers are \$50.00.

Confession

Father Malm and Mother Belanger will be available for private confession on Tuesday evenings from 5:45 – 6:15 p.m., Friday mornings from 11:30 a.m. – 12:00 p.m., and by appointment.

Host a Seminarian

Grace Church welcomes a summer seminarian. Patrick will be with us from June to mid-August. A student at Yale, he lives in CT and so he is in need of a place to stay during his internship. Please contact Mother Belanger if you can provide accommodation for the whole period or even for a few weeks.

This Week

Monday Night Lenten Series

Tomorrow night, March 5, we welcome Robert Heaney, director of the Center for Anglican Communion Studies and associate professor of Christian mission. Dr. Heaney and his wife, Sharon, are members of this parish and his son, Sam is part of our Rite 13 group. He will speak on the fourth week’s topic from our Lenten study, Meeting Jesus in the Gospel of John, “I Have Called You Friends”. The evening will begin with a service in the Nave at 6:30 pm followed by a Simple Supper, in the Auditorium, provided by the Altar Guild. The speaker begins at approximately 7:45 pm.

March 5 I Have Called You Friend (Robert Heaney)

March 12 Abide in Me (Martin Smith)

March 19 We Declare to You (Jim Mathes)

Next Week

Christian Education Hour

Adult Forum: Acts of Faith

Our beliefs can be powerful guiding forces enabling us to endure and overcome some of the most difficult situations. In this episode, everyone faces a challenge, and they find their strength from a variety of sources.

Inquirers' Class

The class will be exploring the Holy Eucharist.

Parent Forum: Holy Communion Series

Father Malm will meet with parents and children in the Nave during the Christian Ed hour to talk about the Eucharist in a church setting.

Upcoming Events

Parent Forum: Holy Communion Series

March 18 - The 9:00 service will be an instructed Eucharist, bringing full circle the teachings of the previous two weeks.

Prevention of Misconduct and Abuse Training

Saturday, March 17, 9:00 a.m. - 3:00 p.m.

Grace will host a Prevention of Misconduct and Abuse training for all those serving in Christian Education or an at-home ministry. If you have an interest in teaching Sunday school in the fall or training as a LEM who serves home communion, this would be a great opportunity to take the required training. If you are interested in training or would like additional information, please contact Jenni at jenni.faires@gracealex.org.

Palm Sunday Intergenerational Forum

Sunday, March 25, we invite you to an all parish intergenerational forum in Merrow Hall Auditorium. Crafts and activities will be available for all ages, including the annual making of crosses from palm branches.

Photo Sessions for Directory Start April 13

Hard copy sign-ups for photo sessions are available at Coffee Hour. The online sign-up is turned off for the day so that there will be no double bookings. Online booking will return on Monday afternoon. Photo sessions are available April 13, 14, 15 and 16. If needed, we will have additional days later in April. These photos are a great opportunity to get your photo in the directory AND get a wonderful shot of your family to keep!

Save The Date for the 2018 Altar Guild Tea!

Please note the change this year for the month and day of the Altar Guild Tea. Due to the construction in the Auditorium during the month of May for the new HVAC system, the date of the Altar Guild Tea has been moved to **April 21, 2018**. The theme this year will be Hearts and Flowers. The Language of Flowers will be the program topic. There will be a discussion of the language and symbolism of flowers and several floral arrangements will be demonstrated. **Registration begins April 3** by calling the church office at 703-549-1980. The cost is \$40 per person. Be sure to save the date!

In our Community

Second Brown Bag Lunch Alert

While St. Stephen's & St. Agnes is covering our normal Monday, we are still in need of servers and sandwiches for March 13 - 16. Please sign up on the Outreach bulletin board or e-mail linda.waskowicz@gracealex.org if you can help. Instructions are available if needed. Our next responsibility for this worthwhile program is May 14 - 18.

Volunteers for Community Lodgings Tutoring Program

The program targets children who are most in need of support. It will ideally have a ratio of 5 volunteers for the 20 students. The program provides opportunities for fun use of their developing English skills, as well as assistance with homework and extra targeted work. It runs Monday-Thursday from 2:45-6 p.m., but we need volunteers mainly for 2:30 - 4 p.m. For more information, contact Sarah Foote sfoote@community-lodgings.org.