

Please Pray For...

Parishioners... Patti, Michael, Richard, Joyce, Tina, Lisa, Lorna, Stephanie, Tom, Charles, Nora Lee, Mary, Dottie, Bette, Howard

Family and friends... Pepper, Cathy, Stephen, Marian, Josiah, Barbara, Fielding, Jim, Paul, Ruth, Peter, Tim, Loretta, Katy, Pat and Jill, Jack, Alec, Derrill, Jack, Paul, Michael, April, Leyla, Chris, John

Requiescat in Pace ... Dan Stevenson, Lois Kelso Hunt and all those killed in acts of terror and war around the world.

Those serving in Afghanistan, Iraq or Syria and all others at risk: Christopher Corlett and for healing for US troops wounded as casualties of war and their caregivers.

Others who are overseas serving the Church or our nation, or studying, including Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, Virginia Robinson, the Pattarini family, Evan and Kim Cannell, Karen and Eric Coulson.

Those in assisted living: Jorge, Joan, Clare, Tom, Fr. Jack, Rose, Kathleen, Audrey, Jim, Dabney, Dorothy, Margaret, Lew, Vi, Muriel, Mary

Those travelling: Dorothy Daniel, Beth, Dennis and Libby, Karla, Cynthia Puskar

The Anglican Prayer Cycle: The Episcopal Church in the Philippines

The Diocese of Virginia Prayer Cycle: Parish secretaries and administrators, treasurers and bookkeepers, sextons, and webmasters including Amy Medrick, Beth Calaman, and Pedro Hernandez

Grace Episcopal Church Prayer Cycle: Kristine Hesse, who has just completed her term as Easter Altar Guild President, and Mary Toler, who has just taken on the duties of Christmas 2018 Altar Guild President, and all those who serve in the Altar Guild.

Those with birthdays this week:

22 Carl Eckel, Barry Rosman

23 Vance Allen, Reagan Cline, Pat Moore, Tod Moore

24 Isabell Baltimore, Chris Caputo, Emely Chamorro,
James Haas, Mike Jones

25 Jean Reed

26 Eliana Fair

28 Annie Eason, Blake Elder, Julia McClung, Avery Meeks, Jane Weaver

*Contact the Parish Office with your prayer requests or submit them on the website at:
<https://www.gracealex.org/worship/personal-worship/>. Requests will be removed after 4 weeks unless renewed.*

Today

Flowers on the Altar

The flowers on the Altar today are given in thanksgiving and to the glory of God by the Altar Guild.

Final Sunday to Pick Up Contribution Statements

Be sure to pick up your 2018 mid-year pledge and contribution statements from the Commons. On July 24, we will mail any remaining statements. Call or email our Financial Administrator, Beth Calaman if you have any questions.

Parish Photo Wall.

A new wall is posted showing the many and diverse activities and interests of the parish over the past two months. Please keep in mind that whenever two or three Grace Churchers gather, it's an occasion for a photo, which is gladly accepted as a candidate for posting during the year. Send to mynorimages@comcast.net.

Parish News

Shrine Mont Registration Open

Come one, come all!!! Only eight(!?) short weeks until Shrine Mont and registration is now open, both online at the gracealex.org website and at coffee hours every Sunday. Fresh air, fried chicken, rocket launches, croquet, parachute games, rocking on the porch — who could possibly resist?? Please contact Nancy or Evan Robinson at nancy.robinson@gracealex.org or Anne or John Boris at anne.boris@gracealex.org if you have any questions.

Brown Bag Lunch Week - July 30 - August 1

Thank you to those of you who have volunteered to serve at Meade Memorial and those of you who will be making sandwiches. The goal of 225 sandwiches for our week has almost been reached. Our next week of responsibility will be September 10 - 14, a difficult week just after the Shrine Mont retreat.

Food Pantry

Is your garden ready to harvest? Consider donating to the Food Pantry bonus shelves to provide fresh produce to those in need. We also need canned fruits and vegetables. Other popular items include meal kits that don't need extra ingredients, add water pancake or muffin mix, and shelf-stable milk. We always need cleaning supplies, feminine hygiene products and diapers.

Items for Tanzania

Dr. Henry Ziegler will be going back to Tanzania in August. He always brings an extra suitcase full of important things for the Tanzanian health program and the next-door school. Please help us stuff the suitcase. A box is available in the Commons. The following items are hard to get in Tanzania:

1. Blood pressure machines (automatic)
2. Pocket sized flash lights
3. Oscopes (for checking ears - available in any drugstore)
4. Thermometers that read Centigrade
5. Stethoscopes
6. Pulse oximeters that allow you to check an oxygen level
7. Flash drives (They are used throughout the hospital and in the Anglican primary school. Every student needs a flash drive to store their own material. There are 980 students.)
8. Used lap top computers (for both the health program and school computer program)

Haiti Micah Annual Campaign Still Accepting Funds!

The annual HMP campaign is continuing through July. This campaign helps to feed and educate 525 children in Mirebalais. A donation of \$365.00 supports one child for one year. A donation in any amount will help. To donate, please make your check out to Grace Church with 'Haiti Micah Project,' either in the subject line of your check or on your donation envelope. For more information, contact Jennifer Pease at 703.671.8416 or jennifer.pease@gracealex.org.

Education for Ministry Program

The Education for Ministry program is accepting enrollments for the next year (September 10, 2018 - May 20, 2018). This adult education program meets on Monday evenings at Grace. It provides an opportunity for lay fellowship and learning. More information is on the website. If interested, contact Julia McClung at julia.mcclung@yahoo.com or 571.242.7080.

Upcoming Events

Youth News

Our youth will have two service opportunities in the month of August.

August 7 - Street Church Volunteers at Church of the Epiphany for Rite 13 to EYC youth. More details about morning departure time to come.

August 16 - Backpack Packing for Alexandria City Public Schools from 10 am -1 pm. If there is enough interest, we can also volunteer for the afternoon shift from 2 -5 pm. The backpack packing event is open to rising 5th - 12th graders and any parents that would like to join.

Please contact Jenni Faires at jenni.faires@gracealex.org if your youth would like to participate in either or both events.

Foyer Groups Registration

Join a small group of parishioners, both married couples and singles, for a monthly dinner in one another's homes. If desired by the group, meetings can also be held in alternative venues. Foyer Groups for families who wish to include children are also available. *Please make a note that you will want to include children when you register.* Everyone is welcome to participate. Please contact Sharon Hickok shickok1@cox.net for more information.

Calendar for July 22-28

Sunday	Ninth Sunday After Pentecost
7:30 a.m.	Holy Eucharist
9:00 a.m.	La Gracia
10:00 a.m.	Holy Baptism and Choral Eucharist
5:00 p.m.	Holy Eucharist
Monday	
1:00 p.m.	Food Pantry open (until 3:00 p.m.)
Tuesday	Saint Mary Magdalene (tr)
10:00 a.m.	Staff Meeting
1:00 p.m.	Food Pantry open (until 3:00 p.m.)
6:30 p.m.	Holy Eucharist with Healing Prayers
Wednesday	St. James the Apostle
7:30 a.m.	Holy Eucharist
6:00 p.m.	La Gracia Evening Prayer
7:00 p.m.	AA (St. Luke)
8:00 p.m.	AA/Alanon (Auditorium and St. Luke)
Thursday	Thomas a Kempis
12:15 p.m.	Holy Eucharist
Friday	
6:30 p.m.	Food Pantry open (until 7:30)
8:30 p.m.	AA (Auditorium and St. Luke)
Saturday	
9:00 a.m.	Altar Guild