



Monthly Newsletter of Grace Episcopal Church  
February 2019

# Grace Notes

## Rector's Reflection Called to Action

As 2019 begins, our parish is responding faithfully to three specific calls, actions, or responses. Answering the call from God is the Biblical story. Answering the call of faith leads us to the Church as the Body of Christ through the sacraments of Holy Baptism and Holy Eucharist. Answering the call is what defines us as Grace Church. It is our unique vocation.

First, the Vestry has committed to join with Grace Episcopal School and undertake a complete upgrade and replacement of our HVAC system for every area of our building except the Nave, which has its own separate system. This is a huge undertaking both in terms of physical space and the financial commitment. Work will start, probably in the 3<sup>rd</sup> floor of Merrow Hall, in April, and conclude before the start of school in late August. Our 50% financial commitment will be \$675,000; 80% will be financed, 20% will be paid from our cash reserves.

Second, ten young people in our Journey to Adulthood class are preparing for confirmation on Easter Eve (April 20) and a pilgrimage this summer to Ireland and Iceland. We pray for them and we support them and we want to help them and their four adult leaders in whatever ways we can. Mark down the evening of March 2 for their Gala Auction, their major fund-raising event held every other year. The Vestry also commits \$5,000 from our annual budget to the Pilgrimage Fund. Many of these young people were baptized at Grace. Most have grown up here. This is a major event in their spiritual lives and we are blessed to share it with them.

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## Worship Schedule

### Sunday Schedule

Holy Eucharist Rite I..... 7:30 am  
Child Care.....8:45 am–12:45 pm  
Children’s Chapel .....8:50 am-9:30 am  
La Santa Eucaristía ..... 9:00 am  
Choral Eucharist Rite II..... 9:00 am  
Christian Ed classes..... 10:15 am  
Choral Eucharist Rite I..... 11:15 am  
Holy Eucharist Rite II.....5:00 pm

### Weekday Schedule

Tuesdays, Rite II with healing .... 6:30 pm  
Wednesdays, Rite I ..... 7:30 am  
Thursdays\* ..... 12:15 pm

\*Alternating Rite I and Rite II weekly

## About Grace Notes

*Grace Notes* is published 10 times a year by Grace Episcopal Church, Alexandria, Virginia – monthly except for combined July/August and December/January issues. The deadline for submitting copy is midnight on the 15<sup>th</sup> of the preceding month.

The next *Grace Notes* deadline is February 15 for the March issue. Articles should be submitted by e-mail to [grace.notes@gracealex.org](mailto:grace.notes@gracealex.org). All articles are subject to editing.

Grace Church’s newsletter team includes Amy Barron, Kristine Hesse, June Huber, Teresa Preston, and Amy Medrick.

## Grace Church is:

A center for worship and fellowship

A school for discipleship and stewardship

A community for healing and outreach

*Rector’s Reflections from page 1*

Lastly, the search for a new Assistant has begun. I’ve asked the Personnel Committee to help me screen and interview candidates. Our Assistant Rector needs to have strong Spanish language skills to assist our members in La Gracia. The Assistant also shares fully in the ministry of the entire parish. We know God will send us a person who will grow into this ministry. Grace Church is a wonderful parish to serve as a Priest. I’m eager to find this individual to join our staff.

These three “calls” remind me of our “Mission Statement.”

Grace Church is  
A Center for Worship and Fellowship  
A School for Discipleship and Stewardship  
A Community for Healing and Outreach.

Two thousand nineteen promises to be an exciting year at Grace Church. We are all extremely thankful for the dedicated lay leaders in our parish who give so freely of their time, talents and treasure to help us answer God’s call.

*Grace, Peace, Love*  
*The Rev. Robert H. Malm*

## For the Time Being...

Grace Church, how wonderful it is for me to have come back home to you!

I’m called to serve with you as part-time Interim Assistant to the Rector. My Letter of Agreement specifies 10-12 hours each week. In addition to assisting primarily in the leadership of English liturgies on Sundays and weekdays, I will offer pastoral care support as time permits.

I would be glad to make time for you for any reason at your convenience, either at the church, over coffee, or for a meal. Please contact me via my email: [therevdmc@gmail.com](mailto:therevdmc@gmail.com).

Thank you.

*Grace & Peace,*  
*The Rev. David Crosby+*

## February Forums

February 3

In 1989 a wave of political transformations brought the end of Communist governments across the then Warsaw Pact. Within three years, the Soviet Union had collapsed and Germany was reunited. Thirty years later, where do those new democracies stand, what hopes and disappointments have accompanied those continent-changing developments? Jennifer Long and John Boris share observations on the current situation in Russia and Central Europe at the February 3 Adult Forum.

John Boris served as a Foreign Service Officer 1980-2008, then worked for the Department of State for an additional seven years as a retiree. Most of his career focused on Central and Eastern Europe, including tours in Warsaw, Minsk, and Prague, and Washington assignments working on the Soviet Union, Czechoslovakia, Poland, and the Balkans. At Grace, he has served on the vestry, including two years as Treasurer; as an usher; and as a Meals on Wheels volunteer.

Jennifer Long is Associate Dean for Finance and Administration at the Walsh School of Foreign Service at Georgetown University. She has worked at Georgetown for over 16 years, also serving as Associate Director at the Center for Eurasian, Russian and East European Studies. Jennifer earned her BA from Vanderbilt University, MA and PhD from Georgetown University. At Grace, Jennifer is currently a member of the vestry, she serves as Treasurer of the Board of Grace Episcopal School; member of the Altar Guild; member of the Outreach Committee; and a counter. Her son Nikolai (now in college) and daughter Sasha have served as acolytes and participated in Pilgrimage and Mission trips with Grace.

February 10 – TBD

February 17 – No forum

February 24 – Seminarian, Matthew Murchowski, will present about his January term in Oman.

## February Youth Events

There will be no February youth dinner this month.

February 2-3 – EYC lock-in and hoagie making

February 3 – Hoagie sales during 9:00 and 11:15 am Coffee Hours in Merrow Hall Auditorium

February 10 – Chili Bowl

## Journey to Adulthood (J2A)

2019 will be an exciting year for our J2A youth. Over the course of the next several months, nine freshmen and sophomore high school students will prepare for their pilgrimage to Ireland and Iceland. The selection process for their destination was like any other big decision that must be made—discussions, votes, more discussion and more votes. Research was completed and presented, and adults weighed in. At times, it seemed a destination would never be agreed upon, but at last, compromises were made, and the youth decided to journey to two countries. So the hard part is behind them, correct? Not at all. In fact, the journey, which began last fall, begins in earnest in the weeks and months ahead.

March 2 is the evening of the J2A Auction. The auction, which is the primary fundraiser for the pilgrimage, will combine the hard work of the parents and youth to provide our parish, and the community, with an evening of amazing food and items for purchase. By the end of the night, much of the fundraising will be complete, thanks to the generosity of many of you. Please save the date and plan on a Grace(full) evening!

Rite 13 and J2A will combine forces to host the Shrove Tuesday Pancake Supper on March 5. The youth will set up, cook, and clean, with all proceeds going toward the pilgrimage.

The following week, all J2A youth will begin a mandatory five-week Confirmation Class, which is held during the same time as the Monday night Lenten speaker series. This time will help prepare the youth for their Confirmation at the Easter Vigil on April 20 and will include lessons on the basic tenets of their faith, guest speakers and a special visit from Bishop Ihloff, the confirming Bishop at the Vigil.

You may be wondering why I write of all the March J2A activities in the February Grace Notes. Grace Church has a long history of supporting its youth. In fact, when I meet new families and tell them about our children's and youth programming, congregational support is always on the top of my list. This parish takes its baptismal vows seriously, and as we raise up another class of pilgrims for Confirmation, I want everyone to have plenty of time for prayer and planning for participation in the activities of the months ahead.

The names of our J2A Confirmands for 2019 are listed below. Please take time over the course of the next several months to pray for these youth. They are smart, active at school and church and, like many teenagers, searching for their own unique path. They need your prayers and words of encouragement and support.

Rebecca Funes  
Stuart Hall  
Elizabeth Jamison  
Karlene Kelly  
Miles Malone

Brett Medley  
Libby Padilla  
Aiden Smith  
Tad Wolcott  
Claire Whitworth

*Jenni Faires*



## Grace Episcopal School

Just as each snowflake is uniquely individual, so too are the children of Grace Episcopal School. In this winter season, we celebrate the many talents that each student brings to our school. We are a community of readers, mathematicians, scientists, athletes and more, but the best thing about Grace is our small community that focuses on Episcopal traditions of Christian character. We are currently in our enrollment season, and encourage you to tell your families and friends about Grace. For more admissions information, please contact Amanda Hungerford at [admissions@graceschoolalex.org](mailto:admissions@graceschoolalex.org).

The school thanks the Church Vestry for working together on our joint desire to maintain a safe and vibrant facility. The Vestry supported the school to purchase and install the new fence that now encloses the back playground area. Our school parents are grateful to know that the children can see a visual reminder of boundaries and feel safe and secure in their outdoor space. We look forward to following the lead of the church in installing a new HVAC system this spring and summer, which will be a shared cost for school and church.

The new year of 2019 promises to be one filled with blessings, and we continue to be grateful for our church/school partnership. We believe everyone should Begin with Grace!

*Patti Culbreth  
Head of School*

## Music Notes

### Hymn History for The Fifth Sunday after the Epiphany, February 10

#### 543, "O Zion, Tune Thy Voice"

The hymns of Philip Doddridge were published posthumously by John Orton in *Hymns Founded on Various Texts in the Holy Scriptures* by the late Rev. Philip Doddridge, D.D. (Salop, 1755). This text is a metrical paraphrase of canticle 11, The Third Song of Isaiah. (See *The Book of Common Prayer*, page 87.) The tune EASTVIEW by J. Vernon Lee was first published in *Congregational Praise* (London, 1951). It was written to celebrate the 80th birthday of the composer's mother and was originally intended as a setting for the Charles Wesley hymn "Rejoice, the Lord is King!"

#### 686, "Come, Thou Fount of Every Blessing"

This hymn was written by Robert Robinson in 1758 for the festival of Whitsunday (Pentecost) at the Church of Christ in Angel-Alley, Bishopgate, UK. The text first entered an Episcopal hymnal in the Prayer Book Collection (New York, 1826). The tune NETTLETON is an early 19<sup>th</sup> century American folk hymn. It was first published in *Wythe's Repository of Sacred Music: Part Second* (Harrisburg, PA, 1813). In this first printing, it was matched with Robinson's hymn, but was in a much different rhythm format than the later versions, which became popular and are more similar to the version in our hymnal. The tune is possibly named to honor Asahel Nettleton, a well-known evangelist who compiled the list of texts for *Village Hymns for Social Worship* (New York, 1824). Both tune and text have been through a large number of versions in different hymnals and collections of Sacred Harp music.

#### 321, "My God, Thy Table Now is Spread"

This text, written by an Anglican Priest, was first published in *Hymns Founded on Various Texts in the Holy Scriptures* by the Rev. Philip Doddridge, DD in 1755. The fine, warm tune ROCKINGHAM is one of the best of its period. It was first published in *Miller's Psalms of David* (London, 1790).

#### 539, "O Zion Haste, Your Mission High Fulfilling"

This missionary hymn by Mary Ann Thomson was written in 1868 in one evening as she sat up with one of her children who was ill with typhoid fever. Our hymnal editors have modified the text to allow for the use of inclusive language and to remove pejorative images of people who do not yet know the Lord. Also known as ANGELIC VOICES and PROCLAMATION, the tune TIDINGS was composed by James Walch in 1875 for Frederick Faber's hymn "Hark, Hark, My Soul! Angelic Voices Are Swelling." Although Walch was British, his tune has a strong flavor of the American Gospel Hymn, complete with refrain much in the style of the evangelists Sankey and Moody who toured England in 1872.

*Richard Newman*  
*Director of Music*

## Where Do the Homeless Sleep When it's 8°F Outside?

Women, children and families that are homeless in Alexandria are provided overnight sleeping facilities at Carpenter's Shelter—currently located in the old Macy's Department Store at the nearly defunct Landmark Shopping Center. Homeless men are screened at Carpenter's Shelter and bused to the Hypothermia Shelter at St. Clement Episcopal Church on Quaker Lane in severe weather conditions. Grace Church has supported this effort for many years.

On a typical evening, 8-12 men arrive by bus at St. Clement at 7:30 p.m., gather a cot, pillow, sheets and blankets and pick out a suitable spot for the night. A television and snacks are provided. Lights go out at 10 p.m. They are awakened at 5:30 a.m., provided a meal card for breakfast at MacDonaldis, and bused back to Carpenter's Shelter to begin a new day.

We provide volunteer staff 3 to 4 times each year. There are two shifts of two people each evening: the early shift from 7:20 p.m. to midnight, and the late shift from 11:50 p.m. to 6 a.m. The chores are relatively straight-forward: accounting for the guests; issuing cots and sheets; and overseeing the operation. There's a warm area to sit, read, and sleep during the shift.

My experience is that the men who come are truly grateful for the service. Most recently I found that one of the men is a life-long Alexandrian. He knew Jim and Joyce Stancil and family. He has some very troublesome physical problems that are being addressed. Most surprising is that he had owned a home in Parkfairfax, and joined the homeless only this past September. One never knows the strange twists that occur in life.



Scott Knudsen coordinates our involvement in this very worthwhile service, and is always looking for more volunteers to meet our commitment. You can contact him at [jennifer.pease@gracealex.org](mailto:jennifer.pease@gracealex.org). He has openings for the late shifts on February 11 and March 4. Please think about helping.

*Frank Waskowicz*

## Disturb Us, Lord

Part of my daily prayer routine is daily reading from Joan Chittester's book, *The Rule of Benedict: A Spirituality for the 21<sup>st</sup> Century*. In today's chapter, the author writes about how we become so focused on our own lives, so self-centered that we are "drowning in the sea that is ourselves." In other words, we can't come up for air and notice the world around us: friends and family, current events, social justice issues, opportunities for growth... maybe even God. I've been there.

Chittester's use of sea-imagery reminded me of a poem/prayer that I discovered during my most recent session of spiritual direction training. I still like it so much that I want to share it with you. Using sea-imagery, the poet/supplicant asks God to nudge us out of safety and self-centeredness and remind us that there is so much more in this world—and in the next—to discover, to appreciate, to strive for.

Disturb us, Lord, when  
We are too well pleased with ourselves,  
When our dreams have come true  
Because we have dreamed too little,  
When we arrived safely  
Because we sailed too close to the shore.

Disturb us, Lord, when  
With the abundance of things we possess  
We have lost our thirst  
For the waters of life;  
Having fallen in love with life,  
We have ceased to dream of eternity;  
And in our efforts to build a new earth,  
We have allowed our vision  
Of the new Heaven to dim.

Disturb us, Lord, to dare more boldly,  
To venture on wider seas  
Where storms will show Your mastery;  
Where losing sight of land,  
We shall find the stars.

We ask You to push back  
The horizons of our hopes;  
And to push into the future  
In strength, courage, hope, and love.



I knew that the poet/supplicant was a fellow sailor and wondered whether he/she was still alive. Imagine my surprise to learn that these lines are attributed to Sir Francis Drake (1540-1596). It could have been written yesterday...

*June Huber*

## From the Library

The library team needs your help again! Our book checkouts are self-service, and we lose track of a number of books each year. Last year at this time we asked you to check your bookshelves, drawers and nightstands, the cargo areas of your automobiles, etc., for any books or DVDs that belong to the library. That appeal resulted in the return of 31 of 46 missing books, almost double the average missing book return rate for the previous few years.

In his recent library inventory, Brad Bergmann found that the number of missing books this year was significantly lower at 28. Once again, we ask you to see whether you have forgotten to return any of these books. We urge everyone to use the library's resources, but we also need the books back when you are done with them. If you find any, please return them to the parish library as soon as possible. As always, no fines, no penalties, just the library's thanks.

The 28 books that went missing during 2018—or as Brad has artfully termed this list, “the litany of lost books,” are identified below:

Advent -- Worship & Activities for Families	Huffman, Margaret Anne	263 HUF
Amazing Grace: William Wilberforce and the Heroic Campaign to End Slavery	Metaxas, Eric	942 MET
Ask Your Angels	Daniel, Alma; et.al.	269 DAN
Augustine for Armchair Theologians	Cooper, Stephen A.	230 COO
Celtic Hymns -- Visions of Worship		DVD 782 CEL
Church in the Marketplace, The	Carey, George	283.4 CAR
Churches the Apostles Left Behind, The	Brown, Raymond E.	270 BRO
Daily Book of Common Prayer, The: Readings and Prayers Through the Year	Collins, Owen	242 COL
Daysprings -- Meditations for the Weekdays of Advent, Lent, and Easter	Portano, Sam	242 POR
Ethics After Easter	Holmgren, Stephen	230 CTS/09
Faith of Our Fathers: Religion and the New Nation	Gaustad, Edwin S.	277 GAU
Gate of Glory, The	Carey, George	230 CAR
Holy Spirit and Power, The	Wesley, John; rewritten and updated by Clare Weakley	231 WES
Holy Spirit, The	Graham, Billy	231.7 GRA
How We Die: Reflections on Life's Final Chapter	Nuland, Sherwin B.	616 NUL
Immortal Life of Henrietta Lacks, The	Skloot, Rebecca	BIO LAC

Lectures on Hadden's Apostolical Succession in the Church of England	Seabury, William J.	R 239 SEA 1898
Lesser Feasts and Fasts – 1977	Episcopal Church	R 242 LFF 1977
Manger and Mystery: An Advent Adventure	Oden, Marilyn B.	263 ODE
Miracles -- A Preliminary Study	Lewis, C. S.	231 LEW
People Called Episcopalians, A	Westerhoff, John	283 WES
Redbird Christmas, A	Flagg, Fannie	FIC FLA
Road to Daybreak, The: A Spiritual Journey	Nouwen, Henri J.	282 NOU
Teacher's Prayer Book, The: Being 'The Book of Common Prayer'	Barry, Alfred	R 264 BAR 1898
Tell Them We Remember: The Story of the Holocaust	Bachrach, Susan D.	272 BAC
To Begin Again: The Journey Toward Comfort, Strength, and Faith in Difficult Times	Levy, Naomi	296.7 LEV
We Preach Christ Crucified	Leech, Kenneth	232 LEE
What the Holy Spirit Does in a Believer's Life	Spurgeon, Charles & Robert Hall	248 SPU/1
What's So Great About Christianity	D'Souza, Dinesh	230 DSO

Again, thanks for your continuing support of the library.

*Jay O'Malley*



Who will win the Golden Spoon? Taster spoons are \$5 apiece. Bring \$1 bills (or larger) to stuff the jars of your favorite chili! Spoons are free for Newcomers!

## February Birthdays

2/2	Karla Merritt
2/3	Perrin Chiow
2/3	Kyle Laemmle
2/4	Lottie Henry
2/5	Lesley Gable
2/7	Joseph Giacomo
2/7	Dan Wakefield, Jr.
2/10	Bert David
2/10	Betty Lawson
2/11	Kelley Miller
2/12	Peregrine Enger
2/12	Elizabeth Legere
2/13	Libby Padilla
2/13	Lucy-Lee Reed
2/15	Catherine Giacomo
2/17	Kate Reeder
2/18	Alexandra Milnor
2/19	Ashley Spencer
2/19	Mary Toler
2/20	Audrey Slattery
2/21	Anne McFadden
2/21	Seamus White
2/22	Jean Goodson
2/22	Andrew Lorentz
2/23	Claudine Donovan
2/23	Lauren Gustafson
2/23	James Holloway
2/23	Evan Robinson
2/23	Nancy Robinson
2/24	Connor Murphy
2/25	Graham Borgia
2/26	Jay Burgess
2/26	Betty Jones
2/26	Joe Washington
2/28	Willem Egaas

## Parish Staff

Robert Malm	.....Rector
<a href="mailto:rector@gracealex.org">rector@gracealex.org</a>	
David Crosby	.....Assistant to the Rector
<a href="mailto:@gracealex.org">@gracealex.org</a>	
Jenni Faires	.....
Assistant for Parish Life and Family Ministries	
<a href="mailto:family.ministries@gracealex.org">family.ministries@gracealex.org</a>	
Richard Newman	..... Director of Music
<a href="mailto:music.director@gracealex.org">music.director@gracealex.org</a>	
Patti Culbreth	.....Head of School
<a href="mailto:pculbreth@graceschoolalex.org">pculbreth@graceschoolalex.org</a>	
Amy Medrick	..... Parish Administrator
<a href="mailto:parish.office@gracealex.org">parish.office@gracealex.org</a>	
Beth Calaman	..... Financial Administrator
<a href="mailto:bookkeeper@gracealex.org">bookkeeper@gracealex.org</a>	
Pedro Hernandez	..... Sexton
Ashley Mather	.....Seminarian
<a href="mailto:Ashley.mather@gracealex.org">Ashley.mather@gracealex.org</a>	
Matthew Machowski	.....Seminarian
<a href="mailto:matthew.machowski@gracealex.org">matthew.machowski@gracealex.org</a>	

## Vestry

### Executive Committee

Chris Kupczyk	..... Senior Warden
Anne Caputo	..... Junior Warden
Mary Stewart	.....Treasurer
Jennifer Long	..... Register
Jean Reed	..... Member at Large

### Class of 2019

Kelly Gable  
Chris Kupczyk  
Jennifer Long  
Jean Reed

### Class of 2020

Khacki Berry  
Anne Caputo  
Stephen Lovell  
Laura Weidenfeld

### Class of 2021

Paul Bellantoni  
Cleve Corlett  
Diana Jarrett  
Erin Kelly  
Kemp Williams

### Elected to fill 1 Class of 2020 and 1 Class of 2019 position

Jennifer Pease  
Mary Stewart

### Non-Vestry Coordinators

.....	Pastoral Care
Tracy Enger	..... Education/Youth
Kristine Hesse	..... Communications
Cindy MacIntyre	..... Evangelism
Lynn Rohrs	..... Fellowship
Judy Willard	..... Outreach

