

Announcements for Sunday, March 17

Please Pray For...

Parishioners... Michael, Richard, Tina, Charles, Dottie, Bette, Howard, Barbara, Dick, Charles, Susan, Barbara S., Amy, Alex, Tracy, Shannon, Denise, Rosemary, Nora Lee, Leslie, Elizabeth

Family and friends... Pepper, Cathy, Martha, Susan, Betty Ann, Joe, Mary, Joan, Pris, Jessica, Tom, Cindy, Glenna, Tom, Sandy, Dody

Requiescat in Pace ... Gerald Jud, Sgt. Holli Bolinski, Spc. Jackson D. Johnson, Platt and all those killed in acts of terror and war around the world.

Those serving in Afghanistan, Iraq or Syria and all others at risk: Christopher Corlett, Blair Sokol, Zach Heinrich and for healing for US troops wounded as casualties of war and their caregivers.

Others who are overseas serving the Church or our nation, or studying, including Lit and Mary Carol Tazewell, Andrew Boyd and Audra Kreger, Virginia Robinson, the Pattarini family, Evan and Kim Cannell, Karen and Eric Coulson, Melissa and Edi Jurkovic, with daughters Elena, Ana, Mia and Olivia.

Those in assisted living: Jorge, Joan, Clare, Tom, Rose, Audrey, Jim, Dabney, Dorothy, Margaret, Lew, Vi, Muriel, Mary, Alice, Neal, Betty, Jane

The Diocese of Virginia Prayer Cycle: Our bishops as they gather at the House of Bishops

The Anglican Prayer Cycle: The Church of England and **The Most Revd and Rt Hon Justin Welby**, Archbishop of Canterbury

Grace Episcopal Church Prayer Cycle: **Joe Donovan** and the volunteers who provide home communion.

Those with birthdays this week:

- 17 Vivienne Egaas, Mariah Ortiz
- 18 Lucy Tschetter
- 19 Robby Schrum, Jr.
- 21 Mehdi Farzad, Chris Stuard
- 22 Paige Medley, Liz Rugaber
- 23 Mia Giacomo, Benjamin Kupczyk, Easter Thompson

Contact the Parish Office with your prayer requests or submit them on the website at: <https://www.gracealex.org/worship/personal-worship/>. Requests will be removed after 4 weeks unless renewed.

Today

The Decalogue (Ten Commandments)

We recite The Decalogue at our choral services for three Sundays in Lent. This has been part of Anglican worship since the 16th century. The 1928 BCP directed The Decalogue to be read at least one Sunday each month.

Adult Forum, March 17 (St. John)

A representative from the Carpenter's Shelter will be present at the Adult Forum to recognize Grace Episcopal for all the many ways that we support and provide for the residents and to create awareness for opportunities for service in their Winter Shelter. This program serves our transient homeless community; those actually living on the streets. Come and hear from this organization that Grace supports and is doing amazing work in the community.

Inquirers Class (Library)

Today's class will be an exploration of The Oxford Movement.

Rosary Group

The Rosary group will meet in the library a few minutes after the 11:15 a.m. service and coffee hour (and on every third Sunday of the month). As always, first-time rosary prayers are most welcome, and free rosary beads will be provided. No experience necessary to learn this beautiful meditative prayer!

The Seven Experiment

Today we will explore Session 2: Clothes of the 7-week Lenten Bible Study entitled *The 7 Experiment: Staging Your Own Mutiny Against Excess* and look briefly ahead to Session 3: Possessions. This study takes seven areas of our lives that are subject to excess: clothes, spending, waste, food, possessions, media and stress, and asks us how the excess in our lives is hampering our relationship with God. Registration has ended; however, if you would like to attend, we would love to have you. If we run out of books, a separate order can be placed this week.

Choral Evensong

The beloved traditional service of Choral Evensong will next be sung by the Boys and Girls Choir and the Adult Choir tonight at 5:00 p.m. The service will feature T. Tertius Noble's *Evening Service in B minor*, and Samuel Sebastian Wesley's *Wash me thoroughly*. Following the closing voluntary, the Holy Eucharist Rite I will be celebrated. The music we do at Evensong is not heard at any other service since it combines all of our choirs. All are encouraged to attend this marvelous service of our Anglican heritage and to bring a friend.

Newcomers Reception

Are you new to Grace? Been visiting regularly, ready to learn more and also meet a few people? Join us this evening at 5:45 pm in the St. Mark Room on the 2nd floor for an evening of conversation, food and drink. Childcare will be provided.

Lenten Materials Available

Lenten devotional materials for adults and families are available today in Merrow Hall Auditorium, outside the elevator on the 2nd floor, in the rack as you enter the Nave and on the credenza outside the main office. Pick up your material today!

Confession

Father Malm and Father Crosby will be available for private confession on Tuesday evenings at 5:45 p.m., Friday mornings at 11:45 a.m. and by appointment. There is a pamphlet with information about this rite available on the tract rack and credenza.

Many Thanks Dehydration Packet Event Volunteers!

Many thanks to the volunteers who participated in the Dehydration Packet Event for Haiti last Sunday at Beth El Hebrew Congregation in Alexandria. Approximately 10 volunteers from Grace contributed to creating more than 21,000 packets!

Our efforts will assist in saving the lives of victims of Cholera and other deadly diseases that currently impact Haiti. In this season of Lent, is very satisfying to know that Grace made a difference in saving lives and joined in healing a hurting world, walking together in The Way of Love.

We look forward to participating in next year's event and helping to exceed this year's record-breaking result.

A Brown Bag Thank You!

Thank you to all who made sandwiches and served lunches at Meade Memorial Church this past week. Our next scheduled week is May 13 - 17 and we share that week with St. Paul's.

Grace Legacy Society

March often finds us preparing our tax returns for the past year. This compilation of past financial records prompts attention to the future. What financial matters have I failed to consider in the year past and what changes do I want to make in the future? Might these considerations prompt attention to legacy giving and the opportunity to ensure the future of Grace Episcopal Church.

This Week March 18-23

Monday Night Lenten Series

Our Monday Night Lenten Speakers Line Up is filled with names many of you will recognize as former Associate Rectors of Grace Church. The Holy Eucharist begins at 6:30 pm followed by a Simple Supper in Merrow Hall Auditorium. The speakers usually begin at approximately 7:45 pm.

March 18 The Rev. Canon Mary Sulerud

March 25 The Rev. Martin L. Smith

April 1 The Rev. Rosemari Sullivan

April 8 The Rev. Canon Leslie Steffensen

Kathleen Arthur Requiem

We will be holding a Requiem service for Kathleen Arthur on Saturday, March 23rd at 2:00 p.m.

Next Week March 24-30

Adult Forum (St. John)

William Tweedley, Manager of Spiritual Care at Alexandria, Inova Hospital Listening is at the core of all healthy relationships with our family, friends, colleagues – and in our spiritual lives too. And yet, too often, we don't feel listened to by those around us. In this Forum we will learn different levels of listening, and how to manage the obstacles that prevent us from truly being engaged in conversation, even with people we don't know or have much in common with.

Inquirers Class (Library)

We will be exploring the History and Ministry of Grace Church.

Memorial Service, March 30th at 11:00 a.m.

We will be holding a Memorial Service for Don Rae.

In Our Community

From the Food Pantry

This week's Food Pantry Wish List includes: White Rice (16 oz. bag), Tortillas, Bagged Onions & Potatoes. We also need paper grocery bags w/handles (Trader Joe's, Harris Teeter, MoM's, etc.).

Something new @ the Pantry: Make a child smile by donating gently used small toys and children's books that your family has outgrown. We'll put them on a 'Kid's Bonus Shelf' to give to our client families with small children. As always, your donations of non-perishable food, toiletries and cleaning supplies as well as financial support will help all those in need in the Alexandria community. Thank You!

Calendar for March 17-23

Sunday	The Second Sunday in Lent
7:30 a.m.	Holy Eucharist
9:00 a.m.	Choral Eucharist (Nave)
9:00 a.m.	La Gracia (Auditorium)
10:15 a.m.	Adult Forum (St. John)
10:15 a.m.	Inquirer's Class (Library)
11:15 a.m.	Choral Eucharist
3:45 p.m.	Bible Study (St. John)
5:00 p.m.	Choral Evensong
5:45 p.m.	Newcomers Reception
Monday	St. Joseph (tr)
1:00 p.m.	Food Pantry (Open until 3:00)
6:30 p.m.	Education for Ministry (St. Mark)
6:30 p.m.	Holy Eucharist
7:00 p.m.	Simple Supper hosted by the Altar Guild
7:00 p.m.	Confirmation Class (St. Luke)
7:45 p.m.	Lenten Series - The Rev. Mary Sulerud
Tuesday	Cyril, 386 (tr)
10:00 a.m.	Staff Meeting
1:00 p.m.	Food Pantry (Open until 3:00)
4:30 p.m.	Advanced Choristers
5:30 p.m.	Beginner Choristers
5:45 p.m.	Confession
6:30 p.m.	Holy Eucharist
7:00 p.m.	Vestry Meeting (Auditorium)
Wednesday	Thomas Ken, 1711
7:30 a.m.	Holy Eucharist
7:00 p.m.	Community Lodgings (St. Mark)
7:00 p.m.	AA District 1 (St. Luke)
8:00 p.m.	AA/Al Anon (Auditorium)
Thursday	Thomas Cranmer, 1556
12:15 p.m.	Holy Eucharist
6:45 p.m.	Handbell Choir
7:30 p.m.	Adult Choir
Friday	James De Koven, 1879
11:45 a.m.	Confession
12:15 p.m.	Stations of the Cross and Holy Eucharist
6:30 p.m.	Food Pantry Open
7:00 p.m.	Via Cruces (Nave)
8:30 p.m.	AA (St. Luke)
Saturday	
9:00 a.m.	Altar Guild
2:00 p.m.	Kathleen Arthur Requiem