

Requiem Eucharist Rite II
Wednesday, May 24th, 2023, 11 a.m.

Lucy Barr Fowler
February 19, 1932 – March 24, 2023



Grace Episcopal Church
3601 Russell Road
Alexandria, VA 22305

REQUIEM EUCHARIST

From the *Book of Common Prayer*

The Liturgy for the dead is an Easter liturgy. It finds all its meaning in the Resurrection. Because Jesus was raised from the dead, we too shall be raised.

The liturgy, therefore, is characterized by joy, in the certainty that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

This joy, however, does not make human grief unchristian. The very love we have for each other in Christ brings deep sorrow when we are parted by death. Jesus himself wept at the grave of his friend Lazarus. So, while we rejoice that one we love has entered into the nearer presence of our Lord, we sorrow in sympathy with those who mourn.

PRELUDE

The people stand.

OPENING HYMN 425

The Strife is O'er

Antiphon (at the beginning)

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Ped.

1 The strife is o'er, the bat - tle done, the vic - to -
 2 The powers of death have done their worst, but Christ their
 *3 The three sad days are quick - ly sped, he ris - es
 4 He closed the yawn - ing gates of hell, the bars from
 5 Lord! by the stripes which wound - ed thee, from death's dread

1 ry of life is won; the song of tri - umph
 2 le - gions hath dis - persed: let shout of ho - ly
 3 glo - rious from the dead: all glo - ry to our
 4 heaven's high por - tals fell; let hymns of praise his
 5 sting thy serv - ants free, that we may live and

1 has be - gun. Al - le - lu - ia!
 2 joy out - burst. Al - le - lu - ia!
 3 ris - en Head! Al - le - lu - ia!
 4 tri - umphs tell! Al - le - lu - ia!
 5 sing to thee. Al - le - lu - ia! [Ant.]

Antiphon (at the end)

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Ped.

Words: Latin, 1695; tr. Francis Pott (1832-1909), alt. Music: *Victory*, Giovanni Pierluigi da Palestrina (1525-1594); adapt. and arr. William Henry Monk (1823-1889).

THE OPENING ANTHEM

BCP, P. 491

I am Resurrection and I am Life, says the Lord. Whoever has faith in me shall have life, even though he die. And everyone who has life, and has committed himself to me in faith, shall not die for ever.

As for me, I know that my Redeemer lives and that at the last he will stand upon the earth.

After my awaking, he will raise me up; and in my body I shall see God. I myself shall see, and my eyes behold him who is my friend and not a stranger.

For none of us has life in himself, and none becomes his own master when he dies. For if we have life, we are alive in the Lord, and if we die, we die in the Lord. So, then, whether we live or die, we are the Lord's possession.


Happy from now on are those who die in the Lord! So it is, says the Spirit, for they rest from their labors.

GLORIA

1. Glo-ry to God in the high-est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa - ther, we wor - ship you, we give you thanks, we




praise you for your glo - ry. 3. Lord Je - sus Christ,



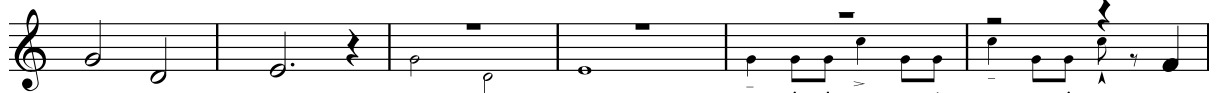
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer. 6. For




you a - lone are the Ho - ly One, you a - lone are the Lord,



7. you a - lone are the Most High, Je - sus Christ, with the



Ho - ly Spi - rit, in the glo - ry of



God the Fa - ther. A - men.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

THE COLLECT

BCP, P. 493

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O God of grace and glory, we remember before you this day our sister Lucy. We thank you for giving her to us, her family and friends, to know and to love as a companion on our earthly pilgrimage. In your boundless compassion, console us who mourn. Give us faith to see in death the gate of eternal life, so that in quiet confidence we may continue our course on earth, until, by your call, we are reunited with those who have gone before; through Jesus Christ our Lord. **Amen.**

The people are seated.

EULOGIES

Chip Fowler, Ella Johns

OLD TESTAMENT READING

Isaiah 61:1-3

Lector A reading from the book of the Prophet Isaiah.

The spirit of the Lord God is upon me, because the Lord has anointed me; he has sent me to bring good news to the oppressed, to bind up the broken-hearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favour, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion—to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the Lord, to display his glory.

Lector The Word of the Lord.
People **Thanks be to God.**

YOU'LL NEVER WALK ALONE

Richard Rogers and Oscar Hammerstein II

Rachel Fowler, *Soloist*

NEW TESTAMENT READING

Revelation 7:9-17

Lector A reading from the book of Revelation.

After this I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, 'Salvation belongs to our God who is seated on the throne, and to the Lamb!'

And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshipped God, singing, 'Amen! Blessing and glory and wisdom and thanksgiving and honour and power and might be to our God for ever and ever! Amen.'

Then one of the elders addressed me, saying, 'Who are these, robed in white, and where have they come from?' I said to him, 'Sir, you are the one that knows.' Then he said to me, 'These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb.'

For this reason they are before the throne of God, and worship him day and night within his temple, and the one who is seated on the throne will shelter them. They will hunger no more, and thirst no more; the sun will not strike them, nor any scorching heat; for the Lamb at the centre of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes.'

Lector The Word of the Lord.
People **Thanks be to God.**

The people stand.

HYMN 482

Lord of all hopefulness

1 Lord of all hope - ful - ness, Lord of all joy,
2 Lord of all ea - ger - ness, Lord of all faith,
3 Lord of all kind - li - ness, Lord of all grace,
4 Lord of all gen - tle - ness, Lord of all calm,
whose trust, ev - er child - like, no cares could de - stroy,
whose strong hands were skilled at the plane and the lathe,
your hands swift to wel - come, your arms to em - brace,
whose voice is con - tent - ment, whose pres - ence is balm,
be there at our wak - ing, and give us, we pray,
be there at our lab - ors, and give us, we pray,
be there at our hom - ing, and give us, we pray,
be there at our sleep - ing, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.
your strength in our hearts, Lord, at the noon of the day.
your love in our hearts, Lord, at the eve of the day.
your peace in our hearts, Lord, at the end of the day.

Words: Jan Struther (1901-1953). By permission of Oxford University Press. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. *Hymnal 1982*.

THE HOLY GOSPEL

John 11:21-27

Priest The Holy Gospel of Our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.' Jesus said to her, 'Your brother will rise again.' Martha said to him, 'I know that he will rise again in the resurrection on the last day.' Jesus said to her, 'I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?' She said to him, 'Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.'

Priest The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The people are seated.

THE HOMILY

The Rev. Dr. Anne Michele Turner

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

For our sister Lucy, let us pray to our Lord Jesus Christ who said, "I am Resurrection and I am Life."
Lord, you consoled Martha and Mary in their distress; draw near to us who mourn for Lucy, and dry the
tears of those who weep.

Hear us, Lord.

You wept at the grave of Lazarus, your friend; comfort us in our sorrow.

Hear us, Lord.

You raised the dead to life; give to our sister eternal life.

Hear us, Lord.

You promised paradise to the thief who repented; bring our sister to the joys of heaven.

Hear us, Lord.

Our sister was washed in Baptism and anointed with the Holy Spirit; give her fellowship with all your
saints.

Hear us, Lord.

She was nourished with your Body and Blood; grant her a place at the table in your heavenly kingdom.

Hear us, Lord.

Comfort us in our sorrows at the death of our sister; let our faith be our consolation, and eternal life
our hope.

The Officiant concludes with the following prayer.

Father of all, we pray to you for Lucy, and for all those whom we love but see no longer. Grant to them
eternal rest. Let light perpetual shine upon them. May her soul and the souls of all the departed, through
the mercy of God, rest in peace. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.
People And also with you.

PRESENTATION HYMN 671

Amazing grace

1 A - maz - ing grace! how sweet the sound, that
 2 'Twas grace that taught my heart to fear, and
 3 The Lord has prom - ised good to me, his
 4 Through man - y dan - gers, toils, and snares, I
 *5 When we've been there ten thou - sand years, bright

1 saved a wretch like me! I once was lost but
 2 grace my fears re - lieved; how pre - cious did that
 3 word my hope se - cures; he will my shield and
 4 have al - rea - dy come; 'tis grace that brought me
 5 shin - ing as the sun, we've no less days to

1 now am found, was blind but now I see.
 2 grace ap - pear the hour I first be - lieved!
 3 por - tion be as long as life en - dures.
 4 safe thus far, and grace will lead me home.
 5 sing God's praise than when we'd first be - gun.

The melody may be sung in canon at distances of either two or three beats.

Words: John Newton (1725-1807), alt.; st. 5, from *A Collection of Sacred Ballads*, 1790; compiled by Richard Broaddus and Andrew Broaddus. Music: *New Britain*, from *Virginia Harmony* 1831; adapt. att. Edwin Othello Excell (1851-1921); harm. Austin Cole Lovelace (b. 1919). Harmonization Copyright © 1974 by Abingdon Press.

THE HOLY COMMUNION

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER B

BCP, P. 367

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord; who rose victorious from the dead, and comforts us with the blessed hope of everlasting life. For to your faithful people, O Lord, life is changed, not ended; and when our mortal body lies in death, there is prepared for us a dwelling place eternal in the heavens.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS AND BENEDICTUS *(said in unison)*

BCP, P. 367

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people kneel or remain standing.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death. We proclaim his resurrection. We await his coming in glory.

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

BCP, P. 364

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into
temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

BCP, P. 364

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

THE INVITATION TO COMMUNION

Celebrant The Gifts of God for the People of God.

All baptized Christians are welcome to receive the Eucharist. If you prefer a blessing, please cross your arms over your chest.

At communion, gluten-free wafers are available by request.

To request the bread only, please put out both hands, palm up, with one hand crossed over one another.

To request a wafer that has been dipped in wine, please put out one hand only.

If you prefer to drink from the chalice, there is a common cup available at the crossing.

COMMUNION HYMN 335

I am the bread of life



1	I	am	the	bread	of	life;	_____	they	who
2 (The)	Bread	that	_____	I	will	give	_____	is	my
3 (Un-)	less	_____	_____	you	eat	_____	_____	of	the
4	I	am	the	re -	sur -	rec -	tion,	_____	_____
5 (Yes,)	Lord,	_____	we	be	-	lieve	_____	that	_____



1	come	to	me	shall	not	_____	hun -	ger;	they	who	be -
2	Flesh	for	the	life	of	the	world,	_____	and	they	who
3	Flesh	of	the	Son	of	_____	Man	_____	_____	and	_____
4	I	_____	am	the	_____	_____	life.	_____	They	who	be -
5	you	_____	are	the	_____	_____	Christ,	_____	_____	the	_____



1 lieve in me shall not thirst. No one can come to
 2 eat_____ of this bread, they shall live for
 3 drink_____ of his Blood, you shall not have life with -
 4 lieve_____ in me, e - ven___ if they
 5 Son_____ of God who_____ has



1 me_____ un - less the___ Fa - ther draw them.
 2 ev - er._____ they shall live for ev - er.
 3 in you. you shall not have life with - in you.
 4 die,_____ they shall live for ev - er.
 5 come___ in - to_____ the___ world.____

Descant

And I will raise them up, and I will raise them

Refrain

And I will raise them up, and I will raise them

up, and I will raise them up on the

up, and I will raise them up on the

last day._____ 5 Yes, day.

last day._____ 2 The
 3 Un- day.
 4 ___
 5 Yes, ()

Final Ending

The descant may be sung after stanzas 4 and 5.

Words: Suzanne Toolan (b. 1927), adapt. of John 6. Copyright © 1971, G.I.A. Publications, Inc. Music: *I Am the Bread of Life*, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928). Copyright © 1971, G.I.A. Publications, Inc.

Almighty God, we thank you that in your great love you have fed us with the spiritual food and drink of the Body and Blood of your Son Jesus Christ, and have given us a foretaste of your heavenly banquet. Grant that this Sacrament may be to us a comfort in affliction, and a pledge of our inheritance in that kingdom where there is no death, neither sorrow nor crying, but the fullness of joy with all your saints; through Jesus Christ our Savior. Amen.

THE COMMENDATION

Give rest, O Christ, to your servant with your saints,
where sorrow and pain are no more, neither sighing, but life everlasting.

You only are immortal, the creator and maker of mankind; and we are mortal, formed of the earth, and to earth shall we return. For so did you ordain when you created me, saying, "You are dust, and to dust you shall return." All of us go down to the dust; yet even at the grave we make our song: Alleluia, alleluia, alleluia.

Give rest, O Christ, to your servant with your saints, where sorrow and pain are no more, neither sighing, but life everlasting.

Into your hands, O merciful Savior, we commend your servant Lucy. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a sinner of your own redeeming. Receive her into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light. Amen.

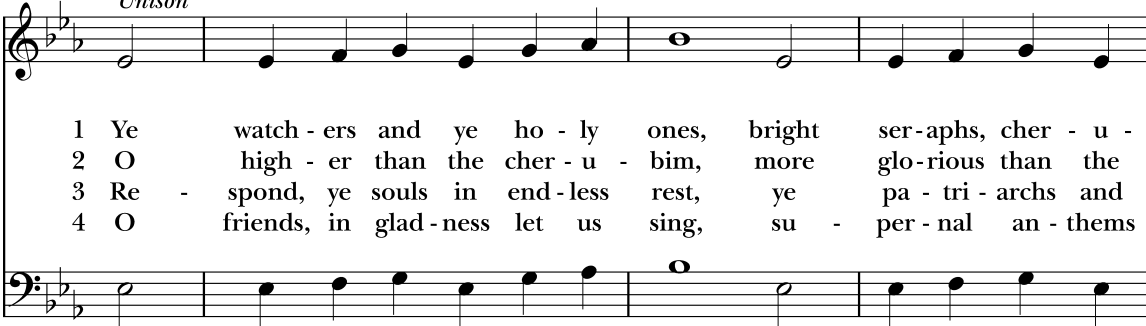
THE BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. Amen.

CLOSING HYMN

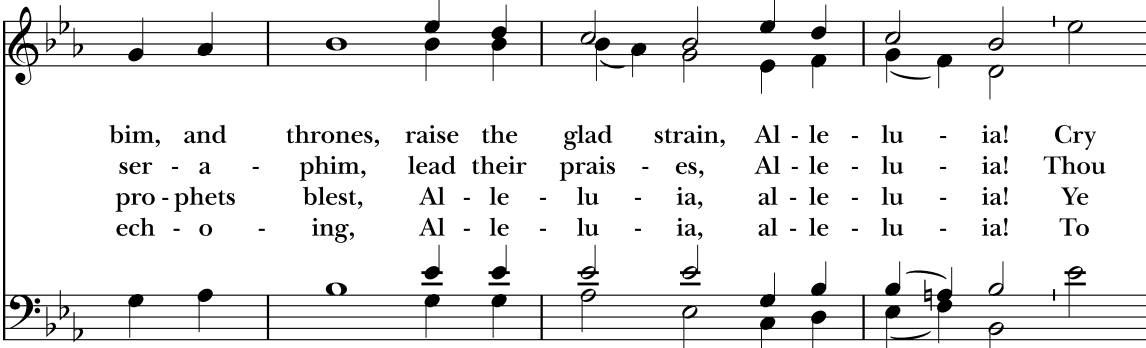
Ye watchers and ye holy ones

Unison



1 Ye watch - ers and ye ho - ly ones, bright ser - a - phs, cher - u -
 2 O high - er than the cher - u - bim, more glo - rious than the
 3 Re - spond, ye souls in end - less rest, ye pa - tri - archs and
 4 O friends, in glad - ness let us sing, su - per - nal an - thems

Harmony *Unison*



bim, and thrones, raise the glad strain, Al - le - lu - ia! Cry
 ser - a - phim, lead their prais - es, Al - le - lu - ia! Thou
 pro - phets blest, Al - le - lu - ia, al - le - lu - ia! Ye
 ech - o - ing, Al - le - lu - ia, al - le - lu - ia! To

out, do - min - ions, prince-doms, powers, vir - tues, arch - an - gels, an - gels'
 bear - er of the e - ter - nal Word, most gra - cious, mag - ni - fy the
 ho - ly twelve, ye mar - tyrs strong, all saints tri - um - phant, raise the
 God the Fa - ther, God the Son, and God the Spi - rit, Three in

Harmony

choirs, Al - le - lu - ia, al - le - lu - ia, al - le -
 Lord, Al - le - lu - ia, al - le - lu - ia, al - le -
 song, Al - le - lu - ia, al - le - lu - ia, al - le -
 One, Al - le - lu - ia, al - le - lu - ia, al - le -

Unison

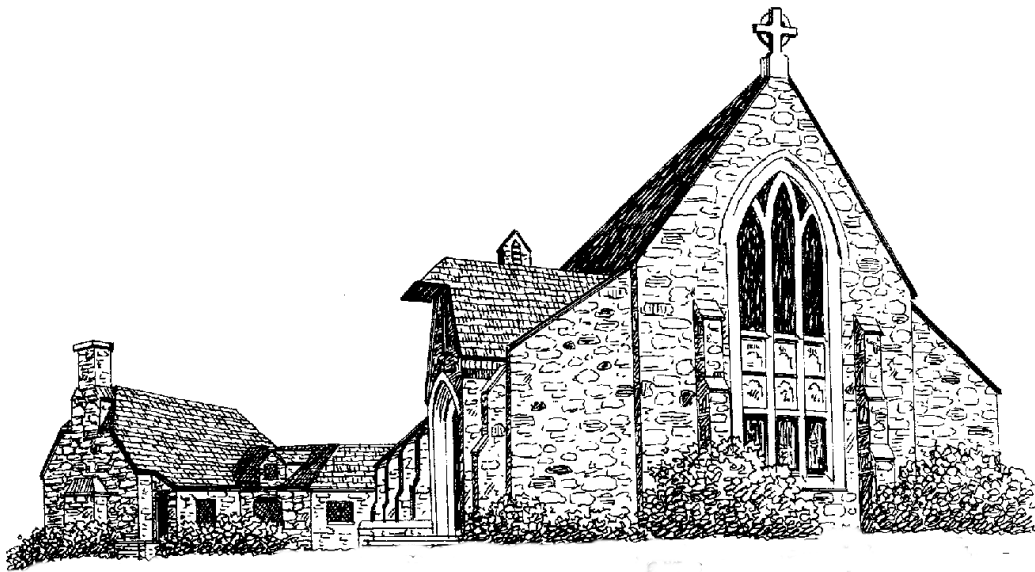
lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!

Words: John Athelstan Laurie Riley (1858-1945). By permission of Oxford University Press. Music: *Lasst uns erfreuen*, melody from *Auserlesene Catholische Geistliche Kirchengeseng*, 1623; adapt. and harm. Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

THE DISMISSAL

Priest Let us go forth in the name of Christ. Alleluia, alleluia.
People **Thanks be to God. Alleluia, alleluia.**

POSTLUDE



THOSE SERVING TODAY

Celebrant and Preacher
Organist
Acolytes
Ushers

The Rev. Dr. Anne Michele Turner
Samantha Scheff
Rick Eudy, Stephanie Reed
Nancy & Evan Robinson

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Lucy Barr Fowler

February 19, 1932 – March 24, 2023

Lucy Barr Fowler died peacefully with family by her side on March 24, 2023 at the Bergan Mercy Hospital in Omaha, Nebraska. Mrs. Fowler had a long and distinguished career as an Occupational Therapist serving in hospitals and clinics in the United States, Spain, and England. She moved to Virginia Beach in 1985 and continued to serve the community in the Greater Tidewater region until returning to Omaha in 2016 to live in an assisted living facility near family.



Lucy was born in Allentown Pennsylvania on February 19, 1932. She was the daughter of Dr. William Bryce Barr Sr., MD and Lucy Chaundy Barr (RN). She was preceded in death by her brothers Dr. William Bryce Barr Jr., MD, Dr. Gavin C. Barr MD., and is survived by her younger sister Carole Barr Brown. Lucy married Charles Worthington Fowler II, son of Dr. George Bingham Fowler II, PhD, and Bodine Smith Fowler on July 21, 1956 in Allentown, Pennsylvania. Her husband served in the U.S. Air Force for 26 years and after retirement the couple moved to Virginia Beach in the mid 1980s. Lt. Col. Fowler died May 25, 2015 in Virginia Beach. Mrs. Fowler is survived by her three children: Charles III (Valerie), Ellen (Bill) Johns, and Timothy (Teresa), nine grandchildren, and five great grandchildren.

Lucy Barr Fowler graduated from William Allen High School in 1949 and then attended Pennsylvania State University. After graduation she enrolled at the University of Pennsylvania in one of the first Occupational Therapy post-graduate programs in the Nation. Lucy learned from the legendary Clare S. Spackman MS, OTR and Helen Willard BS, OTR, authors of the first comprehensive occupational therapy textbook: Principles of Occupational Therapy. She enthusiastically embraced client-centered holistic care and treated thousands of patients through the years.

Lucy Barr Fowler was a member of the Chi Omega Sorority, the Social Register, Who's Who of American Women, and the National Society of the Daughters of the American Revolution. She was a friend to everyone she met and her smiles, easy laugh and bright blue eyes will be missed by all who knew her.

In addition to caring for her patients, Lucy's other passions included sailing on the Chesapeake Bay, enjoying her dogs, cats, and ducks, spinning/weaving wool, and volunteering at the historic Francis Land house, the Virginia Aquarium and Marine Science Center, and the Eastern Shore Chapel Episcopal Church Food Bank. In lieu of flowers, memorial donations may be made to the Eastern Shore Chapel Food Bank Program for the needy.